

Paramus Catholic High School Athletic Training

Application for Seasonal Sports Medicine Athletic Training Volunteer

Paramus Catholic High School is offering the opportunity for 11th or 12th grade students to apply for acceptance into the Sports Medicine Volunteer Program. This program will observe treatments rendered to PC's student athletes in their given season's sport.

Paramus Catholic's Sports Medicine Clinician (Certified Athletic Trainer) provides daily care for acute and chronic orthopedic injuries, as well as on site immediate care and management of medical emergencies. Volunteers will take part in observing patient evaluation and care inside of Paramus Catholics full orthopedic rehabilitation clinic, located inside the high school, as well as observe any acute injuries or illnesses which occur during home PC sporting events.

Only 8 students will be accepted into the program per season. The following are a list of criteria required for application and acceptance into the program:

1. Student must be in 11th or 12th grade by the start of the applied for season.
2. GPA must equate to an 80 or higher.
3. Permission of Parent or Guardian.
4. One letter of recommendation from a teacher at PC, as well as from an administrator.
5. Students may not be on disciplinary or academic probation.
6. Any student athlete in season may not apply for that season.
7. Student must attend training program.

The following is a list of duties and responsibilities that is expected from each student accepted into the program:

1. Arrive on time for each scheduled volunteered time block.
2. Strictly maintain privacy of patients.
3. Collaborate well together with fellow volunteers.
4. Wear proper attire as per school policy.
5. Observe medical treatments without interference.
6. Communicate when unable to attend an assigned day due to unexpected emergency or illness through school email.
7. Blocks include 2 hours of volunteer time, from 2:00pm-4:00pm, two days per week. Volunteers will be required to stay until the end of all practice and games one day per week.
8. Each volunteer will be asked to attend games and practices on Saturday ONLY ONCE per month.
 - **Fall Season** - Volunteers would report on the 1st day of practice, typically during the second week of August.
 - **Winter Season** - Volunteers would report on the week prior to Thanksgiving.
 - **Spring Volunteers** - Volunteers would report on the last week of February.

Name of Applicant- _____

Grade- 11th / 12th

Signature of Parent _____

Please gather all required documents, attach them to the back of this document, and deliver them to the athletic trainer's office for completion of application. Student will be contacted for a short interview to be performed by Rich Garcia, the PC athletic trainer.

Thank you for your interest in the program!