Session 2 After School Club Sports



ASCS Athletics is happy to announce After School Club Sports. The program is designed to introduce students to new and exciting sports, games, and athletic activities to promote a healthy lifestyle. Students will also learn the importance of good sportsmanship, cooperation, and being a team player. All sessions will be lead by All Saints Staff. Registration is limited to 25 per session/ per day.

Mondays 2:15- 3:15 (Dodgeball 1st- 3rd grade)- \$115

6 Weeks Starting October 28th

Students will break into teams and play different variations of the classic dodgeball. Students will work on throwing and catching skills, elusiveness, teamwork and have a great safe time. Games are played with Gatorskin balls for safety.

Tuesdays 2:15-3:15 (Dodgeball 4th-8th) Price \$115

6 Weeks Starting October 29th

Students will break into teams and play different variations of the classic dodgeball. Students will work on throwing and catching skills, elusiveness, teamwork and have a great safe time. Games are played with Gatorskin balls for safety.

Wednesdays 2:15- 3:15 (Gym games 2nd - 4th) Price \$115

6 Weeks Starting October 30th

Students will start each week with a warm up exercise or tag game, then transition into a main activity for the day. Main activities include Gym games as well introduction of basic sports skills and games.

Thursdays 2:15- 3:15 (Gym games Pre-K4- 1st) Price \$115

6 Weeks Starting November 7th

Students will start each week with a warm up exercise or tag game, then transition into a main activity for the day. Main activities include Gym games as well introduction of basic sports skills and games.