



ANAHUACALMECAC

INTERNATIONAL UNIVERSITY PREPARATORY

An International Baccalaureate World School

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Semillas Community Schools



*"Somos Semillas, Somos Tenaces.
We are seeds. We are Relentless."*

2018-2019 4736 Schedule Mon and Thurs Odd Periods (1,3,5,7) Tues and Friday Even Periods (2,4,6,8)

Breakfast	7:30 am - 8:00 am
Morning Cultural Protocols	8:00 am - 8:05 am
Caracol	8:07 am - 8:22 am
1st Period/ 2nd Period	8:24 am - 9:31 am
Break	9:33 am - 9:48 am
YO- Transcendental Meditation	9:50 am - 10:05 am
3rd Period/ 4th Period	10:07 am - 11:14 am
5th Period/6th Period	11:16 am - 12:23pm
Lunch	12:25 pm - 1:05 pm
YO- Transcendental Meditation	1:07 pm - 1:22 pm
7th Period/ 8th Period	1:24 pm - 2:31 pm
Academic Advancement/ASES	2:33 pm - 3:30 pm
9th Period	3:32 pm- 4:14 pm
After School Program/ASES	3:32 pm- 6:00 pm

Minimum Day Schedule Wednesdays

Breakfast	7:30 am - 8:00 am
Morning Cultural Protocols	8:00 am - 8:05 am
Caracol	8:07 am - 8:20 am
1st Period	8:22 am - 8:48 am
2nd Period	8:50 am - 9:16 am
3rd Period	9:18 am - 9:44 am
Yo- Transcendental Meditation	9:46 am -10:01 am
Break	10:03 am - 10:16 am
4th Period	10:18 am-10:44am
5th Period	10:46 am- 11:12 am
6th Period	11:14 am- 11:40 am
Lunch	11:42 am - 12:17 pm
7th Period	12:19 pm - 12:45 pm
8th Period	12:47 pm- 1:13 pm
Afterschool Programs	1:15 pm - 6:00pm