

Quaker Valley Secondary Menu



And



Lunch Prices for the 2017-2018 school year are as follows:

A complete lunch is \$2.90
 An a la carte lunch entrée is \$3.00
 A complete **Premium** lunch is \$3.75
 An a la carte Premium entree is \$3.85
 *A complete meal includes choice of 2 fruits and 2 veggies and choice of low-fat milk.



MEATLESS MONDAY
 JOIN THE MILLIONS! **Meatless Mondays:**

QVSD is joining the global movement to make **positive changes** for a **healthier lifestyle**. Look for the **V**.

Additional items are available for an extra charge of:

A la carte lunch items:

Side of Fruit or Veggies - \$.75
 Side of Grain - \$.85 (rice, pasta, bread, or roll as side)

Beverages:

Milk - \$.85
 100% Fruit Juice - \$.75
 Nestle Bottled Water - \$1.00
 Naked Juice - \$2.25
 Switch 100% Fruit Juice - \$1.50

Wellness Friendly Snacks:

Yoplait Light Yogurt - \$1.25
 Yogurt Parfait - \$1.50
 String Cheese Stick - \$.85
 Small Snack - \$.75
 Large Snack - \$1.00



Special Treats:

Cookie - \$.50
 Ice Cream or Dessert - \$1.00

Parents can access their child's café balance, deposit funds, and set up recurring payments at www.myschoolbucks.com.

Reference our updated Food Policy at: www.qvsvd.org

USDA is an equal opportunity provider and employer.

Meatless Monday	Tuesday	Wednesday	Thursday	Friday
		May 1	May 2	May 3
		*Premium Meal* Grilled Chicken Alfredo Garlic Breadstick Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	*Premium Meal* Mongolian Beef Nachos Sunshine Carrots Choice of Fresh Fruit Choice of Milk	*Premium Meal* Turkey BLT on Warm Ciabatta Bread Emoji Smiley Fries Choice of Fresh Fruit Choice of Milk SCHOOL LUNCH HERO DAY
May 6	May 7	May 8	May 9	May 10
Mrs. T's Pittsburgh Pierogis with Warm Breadstick Oven Roasted Veggies Sweet Potato Fries Choice of Fresh Fruit Choice of Milk V	Mashed Potato Bowl (Crispy Chicken with Cheese over Mashed Potatoes and Gravy) Breadstick Golden Corn Choice of Fresh Fruit Choice of Milk	*Premium Meal* Teriyaki Steak Rice Bowl Sunshine Carrots Choice of Fresh Fruit Choice of Milk	*Premium Meal* BBQ Chicken Nacho Supreme Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	Italian Meatball Hoagie Spicy Curly Fries Choice of Fresh Fruit Choice of Milk
May 13	May 14	May 15	May 16	May 17
French Toast Sticks Go Big Yogurt & String Cheese Potato Tots Sunshine Carrots Choice of Fresh Fruit Choice of Milk V	Italian Chicken Parmesan Wrap Golden Corn Choice of Fresh Fruit Choice of Milk	Crispy Chicken Tenders Warm Breadstick Mixed Veggies Choice of Fresh Fruit Choice of Milk	*Premium Meal* Super Nacho Supreme Steamed Broccoli Choice of Fresh Fruit Choice of Milk	NO SCHOOL 
May 20	May 21	May 22	May 23	May 24
Cheese Ravioli with Marinara Sauce and Warm Garlic Breadstick Choice of Fresh Fruit Choice of Milk V	*Premium Meal* Oriental Chicken Wrap Sweet Potato Tots Choice of Fresh Fruit Choice of Milk	*Premium Meal* Pittsburgh Grilled Chicken Salad with Breadstick Black Bean Salsa Mixed Up Veggies Choice of Fresh Fruit Choice of Milk	*Premium Meal* Brenda's Homemade BBQ Pulled Pork Nachos Cole Slaw Seasoned Broccoli Choice of Fresh Fruit Choice of Milk	*Memorial Celebration* Hero Stripes Chicken Patriotic Soft Pretzel USA Golden Corn Choice of Freedom Fruit Choice of Memorial Milk
May 27	May 28	May 29	May 30	MAY 31
☆ NO SCHOOL Memorial Day	☆ Chef's Choice!	Chef's Choice!	Chef's Choice!	Chef's Choice!
JUNE 3/JUNE 10	JUNE 4/JUNE 11	June 5	June 6	JUNE 7
CHEF'S CHOICE CHEF'S CHOICE	CHEF'S CHOICE LAST DAY OF SCHOOL	Chef's Choice!	Chef's Choice!	Chef's Choice!



Thank you for a great school year! We wish all of your children a safe and exciting summer, and we look forward to providing them delicious and nutritious food again next year!

