



# Satellite Sites Breakfast Menu January 2019



## Start Your Day With a Great Breakfast!

### What is a Meal?

At least 3 items  
One must be a 1/2 cup of fruit

### What is an Item?

Grain or Grain/Protein  
Choice of Fruit  
Choice of Milk  
1% white, fat-free white, chocolate, vanilla, and strawberry

### Daily Fruit May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% Fruit Juice

### Other Daily Options May Include:

#### Whole Grain Breakfast Bars

#### Whole Grain Cereal

Cinnamon Toast Crunch  
Cocoa Puffs  
Reese's Puffs  
Fruit Loops


### Breakfast Prices:

Student \$1.00  
Reduced \$.30  
Adult \$2.10

### Heather Reimer

General Manager  
814-946-8271  
hreimer@asdc.com

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>NO SCHOOL</b> 	2 <b>Breakfast Pizza</b> Fruit or Juice Milk	3 <b>Egg &amp; Cheese Bagel</b> Fruit or Juice Milk	4 <b>Assorted Cereals</b> Fruit or Juice Milk
7 <b>French Toast Sticks</b> Fruit or Juice Milk	8 <b>Waffles</b> Fruit or Juice Milk	9 <b>Scrambled Eggs with Toast</b> Fruit or Juice Milk	10 <b>Egg &amp; Cheese Sandwich</b> Fruit or Juice Milk	11 <b>Assorted Cereals</b> Fruit or Juice Milk
14 <b>French Toast Sticks</b> Fruit or Juice Milk	15 <b>Pancakes</b> Fruit or Juice Milk	16 <b>Breakfast Pizza</b> Fruit or Juice Milk	17 <b>Egg &amp; Cheese Bagel</b> Fruit or Juice Milk	18 <b>NO SCHOOL</b>  INSERVICE
21 <b>NO SCHOOL</b> Fruit or Juice Milk	22 <b>Waffles</b> Fruit or Juice Milk	23 <b>Scrambled Eggs</b> Fruit or Juice Milk	24 <b>Egg &amp; Cheese Sandwich</b> Fruit or Juice Milk	25 <b>Assorted Cereals</b> Fruit or Juice Milk
28 <b>French Toast Sticks</b> Fruit or Juice Milk	29 <b>Pancakes</b> Fruit or Juice Milk	30 <b>Breakfast Pizza</b> Fruit or Juice Milk	31 <b>Egg &amp; Cheese Bagel</b> Fruit or Juice Milk	<b>Come work with us!</b> Holidays, Weekends and Summers off! For more info call: Andrea Seasack (814) 505-1512