

	Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.					Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target	
Sausage Biscuit	Pizza Bagel	Biscuit /Grits	French Toast Sticks	Morning Sausage Roll	Calories.. 896	
Poptart	Cereal Bar	Eggs/Sausage	Cereal/Honey Grahams	Honey Bun	Cholesterol...46 mg	
Honey Bun	Honey Bun	Honey Bun	Honey Bun	Poptart	Sodium.986 mg	
Tater Tots	Fresh Fruit	Poptart	Fresh Fruit	Fresh Fruit	Sugar 74.0	
Juice	Juice	Fresh Fruit	Juice	Juice	Carbohydrates 161.2	
Fresh Fruit		Juice				
Monday	Tuesday	Wednesday	Thursday	Friday	Calories... 633	
Chicken Biscuit	Pizza Sausage	Biscuit/SausageLink	Pancake Pup	Biscuit/Sausage Gravy	Cholesterol...15 mg	
Cereal Bar	Mini Donut	Poptart	Cereal	Poptart	Sodium.737 mg	
Honey Grahams	Honey Bun	Honey Bun	Honey Grahams	Honey Bun	Sugar 50.5g	
Honey Bun	Fresh Fruit	Fresh Fruit	Honey Bun	Fresh Fruit	Carbohydrates 1108.1g	
Tater Tots	Juice	Juice	Fresh Fruit	Juice		
Fresh Fruit			Juice			
Juice						
Breakfast is a two week rotation						
Low fat and fat free white milk offered Daily. Menu subject to change based on availability.						
Georgia Grown	Local wellness policy at www.gocats.org/ schoolnutrition				Local Grown	