

Dear Parent/Guardian:

Our school will do spinal screenings on **February 13, 2019 for 6<sup>th</sup> grade and February 14, 2019 for 9<sup>th</sup> grade.**

State law says that schools must screen students for spinal problems in 6<sup>th</sup> and 9<sup>th</sup> grade if the child was not screened in 5<sup>th</sup> or 8<sup>th</sup> grade. The School Health Officer who is a trained screener will check your child for signs of spinal problems like scoliosis.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health problems.

The screening is simple. The school nurse will look at your child's back while he or she stands and bends forward.

**IMPORTANT RECOMMENDATIONS:**

- Students should bring shorts to school for the exam
- Girls should wear a thin T shirt or a sports bra or a two piece swimsuit top underneath their shirt on exam day
- If girls are wearing a sports bra or a two piece swimsuit top underneath their shirt, it is recommended they remove their shirt for the screening
- Boys and girls will be screened separately and one at a time

The school will send you a letter if your child does not pass the screening. The letter will tell you how to follow up with a doctor.

This screening is not a medical exam. Your child still needs to see a doctor for checkups.

Thank you for your cooperation.

Sincerely,

Ashley Rodriguez  
School Health Officer  
9795961502