

DB High School (12:15-1:15pm) ~ March 2020

Pricing: Lunch \$2.70

Ala Carte prices range from \$.50 - \$3.50

LUNCH Menu for Week of March 2nd thru March 6th (Week 1) Lines 1, 2, and 3

| Monday (W1D1) | Tuesday (W1D2) | Wednesday (W1D3) | Thursday (W1D4) | Friday (W1D5) |
|---|--|---|--|--|
| Big Chicken Sandwich (45) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesauce(13) Fruit Slushie (20) | Bacon Double Cheeseburger (31) Tater Tots (16) Baked Beans (37) Garden Vegetable Cup (3) Peaches(18) Banana (22) | Wings(7)&Sauce* Texas Toast(14) Potato Wedges (15) California Blend Veg(3) Celery/Carrot Cup(5) Apple (12)Carmel(19) Raisels (35) | Cheese Sticks (48) Marinara (6) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Fruit Slushie(20)StrawberryCup(33) | Nashville Hot Chicken Bites (15) Mashed Potatoes (22) Buttered Baby Peas(15) Baby Carrot Cups (8) Mixed Grapes (15)Craisins (28) |

LUNCH Menu for Week of March 9th thru March 13 th (Week 2) Lines 1, 2, and 3

| Monday (W2D1) | Tuesday (W2D2) | Wednesday (W2D3) | Thursday (W2D4) | Friday (W2D5) |
|---|---|--|---|-----------------------------|
| Hot & Spicy Chicken Sandwich (45) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Pineapple (19) Fruit Slushie (20) | Hot Dog with Chili(33) Tater Tots (16) Baked Beans (37) Creamy Coleslaw (9) Peach Cup(33)Banana(22) | Wings(7)&Sauce* Texas Toast(14) Crinkle Cut Fries (26) California Blend Veg(3) Celery/Carrot Cup(5) Apple (12)Carmel(19) Craisins (28) | Cheesy Chicken Quesadilla (35) Southwestern Beans (23) Corn Niblets (16) Cucumber/Tomato Cup (3) StrawberryCup(33)Blush Pears(23) | Parent Conference Day |

LUNCH Menu for Week of March 16th thru March 20 th (Week 3) Lines 1, 2, and 3

| Monday (W3D1) | Tuesday (W3D2) | Wednesday (W3D3) | Thursday (W3D4) | Friday (W3D5) |
|---|---|--|---|--|
| Chicken Nuggets (22) & Sauce * Mac-N- Cheese (17) Seasoned Green Beans (5) Baby Carrot Cups (8) Applesauce(13)Peach Cup(33) | Taco Salad (40) Corn Niblets (16) Black Beans (15) Fresh Vegetable Cup (3) Fruit Slushie(20) Banana (22)) | Wings(7)&Sauce* Texas Toast(14) Sweet Potato Fries (25) Steamed Broccoli(5) Celery/Carrot Cup(5) Mixed Grapes (15) Craisins (28) | Corndog Nuggets (40) Pinto Beans (17) Roasted Potato Wedges (22) Creamy Coleslaw (9) Orange Wedges(10)Blush Pears(23) | Chicken Fries(15)Sauce*Roll (29) Mashed Potatoes (22) Garden Green Peas(15) Baby Carrot Cups (8) Fruit Slushie (18) Raisels (35) |

Week of March 23 rd thru March 27 th



KIOSK LUNCH CHOICES AVAILABLE DAILY (Activities Lobby, Soc Stud Pod)

- *Assorted Hot Entrees
- *Fruit & Yogurt Parfaits (72)
- *Various Grab & Go Salads
- *Fast Pack (46)/PBJ Fast Pack (86)
- *Assorted Sandwiches
- *Fresh Baked Pizza (35-36)
- *Variety of Fruit & Fresh Veggies
- *Chips, Asstd Grains, Cereal Bars
- *Rice Krispies, Baked Cookies(32)
- *Assortment of Milk and beverages
- * Milos Tea & Lemonade

New!!

Chips & Queso Tues 17 th \$2.00

- *Pizza (29)
- *Daily Entrée
- *Un crustable (33)
- *Fast Packs (40)
- *Fruit - Asstd.

Cafe Express

- *Veggies - Asstd.
- *WG Cookies (24) *Chips
- *Ice Cream/Frozen Yogurt
- *Dippin Dots
- *Propel, Ice Drink & Water
- *Iced Mocha Latte (6) & Sweet Tea(9)

"This institution is an equal opportunity provider."

All breakfasts/lunches must contain a fruit or vegetable to get the meal price or use a benefit.

For more information about meals, nutrition, and our online payment system, visit our website at www.k12k.com.

(Line 4) SUB SANDWICH STATION - SALAD BAR - BAKED POTATOES

| | |
|--|--|
| <p>Salad Bar \$2.70 CHEF SALAD ONLY (includes meat) (15) Assorted Grains - up to 2 choices Fruit Choices - up to 2</p> <p>*Loaded Baked Potato Entrée (40) -includes 2oz cheese, butter, & sour cream* (pick up a fruit or milk to make a meal)</p> | <p>* Sub Sandwich Station \$2.70 * Includes Chips <u>OR</u> Soup * Fresh Baked Sub Roll (32) with 2 oz Meat(s) of Choice: (Ham, Turkey, Roast Beef, Pastrami & Cheese) * Variety of Veggie Toppings and Condiments</p> |
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Please note: The combination of the salad bar AND sandwich bar will result in ala carte pricing.



Homemade Soup on Line 4 every Monday, Wednesday & Friday
 Included with Sub Sandwich Meal or cost \$1.50 a la carte

B R E A K F A S T

| B R E A K F A S T M E N U (Cafeteria) Students must choose a fruit for meal pricing | | | | | Breakfast Pricing: \$1.50 |
|--|---|---|---|--|----------------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| Sausage Biscuit (28) Apple juice / Fruit | Egg & Cheese Croissant (28) Orange Juice / Fruit | Sunrise Sausage & Egg Slider (28) Apple juice / Fruit | Ham Cheese Croissant (28) Orange Juice / Fruit | Chicken(9) Biscuit (28) Apple juice / Fruit | |
| Breakfast items offered on a daily basis: Cereal (14-25) / Fruit (12-20) / Fruit Juice (13-19) Assorted Fruit (12-22) | | Rotating Alternate Breakfast Choices : Poptart (37)/Muffin (23-28)/Cereal Bar (26-29) | | Milk choices offered with breakfast and lunch daily: 1% milk (11) 1% Chocolate milk (24) / 1%Strawberry milk (22) FF White Milk (12) | |
| **2nd Chance Kiosk Breakfast - \$1.50 Served in Activities lobby, Soc Stud Pod &CTE Bldg | | | **Breakfast Meal includes a Juice and Fruit and Milk Choices** | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| Sausage Biscuit (28) | Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(35) French Toast(22)/Syrup (31) Choc chip French Toast(35) | Ham/Cheese Croissant (28) | Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(35) French Toast(22)/Syrup (31) Choc chip French Toast(35) | Chicken(9) Biscuit (28) | |

Numbers in parenthesis () indicate the carb counts for the item listed

