

Franklin Towne Charter Elementary November 2018 Breakfast Menu



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	2 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk
5 Pancake Sausage Wrap Chilled Juice or Fruit Low Fat Milk	6 Golden Waffles with Syrup Chilled Juice or Fruit Low Fat Milk	7 Scrambled Eggs, Sausage & Toast Chilled Juice or Fruit Low Fat Milk	8 Warm, Frosted Cinnamon Bun Chilled Juice or Fruit Low Fat Milk	9 Goody Ring Chilled Juice or Fruit Low Fat Milk
12 Cheese Omelet Chilled Juice or Fruit Low Fat Milk	13 Breakfast Taco– Egg and Cheese Chilled Juice or Fruit Low Fat Milk	14 Sausage Egg and Cheese on a Warm Bagel Chilled Juice or Fruit Low Fat Milk	15 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	16 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk
19 Pancake Sausage Wrap Chilled Juice or Fruit Low Fat Milk	20 Golden Waffles with Syrup Chilled Juice or Fruit Low Fat Milk	21 Scrambled Eggs, Sausage & Toast Chilled Juice or Fruit Low Fat Milk	22 Thanksgiving	23 School Closed
26 Cheese Omelet Chilled Juice or Fruit Low Fat Milk	27 Breakfast Taco– Egg and Cheese Chilled Juice or Fruit Low Fat Milk	28 Sausage Egg and Cheese on a Warm Bagel Chilled Juice or Fruit Low Fat Milk	29 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	30 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.75
Reduced \$3.30

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MENUS SUBJECT TO CHANGE