

# BREAKFAST & LUNCH MENU

## JANUARY-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>NO SCHOOL</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	BRK: FRANKFURTER,RICE, OR CEREAL, WG TOAST,PEACH,FRUIT JUICE,WIKI BRK-SAME SNACK BAR:FRIED SAIMIN,WG ROLL, MIXED VEGGIES,PEACH,FRUIT JUICE LUNCH:CRISPY NACHOS W/ BEEF& CHEESE,MIXED VEGGIES, PEACHES FRUIT JUICE	BRK:BREAKFAST SMOOTHIE, CINN.TOAST OR YOGURT,WG TOAST, CRANBERRIES,MIXED FRUITS WIKI:PEPPERONI PIZZA,BROCC./CARR., PINE CHUNKS, CRANBERRIES LUNCH:BRD.CHICKEN TENDERS,RICE, BROCCOLI & CARR.,CRANBERRIES, PINE CHUNKS,WG ROLL	BRK: COFFEE CAKE,PORK LINKS OR CEREAL,WG TOAST,MIXED FRUIT, FRUIT JUICE, WIKI BRK-SAME SNACK BAR:BRD.CHICKEN STRIPS,ROLL POTATO WEDGES, MIXED VEGGIE, MIXED FRUITS, PEARS LUNCH:CHEESEBURGER,WEDGES, MIXED VEGGIES,PEARS,MIXED FRUITS	BRK: TURKEY HAM & CHEESE SANDWICH OR YOGURT,WG TOAST,PINEAPPLE,CRANBERRY WIKI:PEPPERONI PIZZA,BROCC/CARRS., PEACHES,PINE CHUNKS LUNCH:ASIAN CHICKEN,RICE,WG ROLL, BROCCOLI/CARROTS, PEACHES,PINE CHUNKS
BRK:WG PANCAKE OR CEREAL, WG TOAST, FRUIT COCKTAIL, FRUIT JUICE WIKI:BEEF & BEAN BURRITO,FRIES, MIXED VEGGIES,CRANBERRIES,PEACHES LUNCH:BRD.CHICKEN PATTY ON BUN, CURLEY FRIES,MIXED VEGGIES, PEACHES, CRANBERRIES	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	BRK:APPLESAUCE MUFFIN OR YOGURT, WG TOAST,PINE CHUNKS, FRUIT JUICE,WIKI BRK-SAME SNACK BAR:TURKEY PASTRAMI SAND., BROCC./CARR.,M.FRUILTS,CRANBERRIES. LUNCH:PASTA FLORENTINE,FRENCH ROLL BROCCOLI/CARROTS, MIXED FRUITS, CRANBERRIES	BRK:EGGLETTE,WG TOAST OR CEREAL,WG TOAST,PINE CHUNKS,FRUIT JUICE WIKI:VEGETARIAN LASAGNA,PEACHES, MIXED VEGGIES,PINE CHUNKS FRUIT MUFFIN LUNCH:POPCORN CHIX,MASH,MIXED VEGGIES,P.CHUNK,F. MUFFIN,PEACHES	BRK:PIZZAL BAGEL OR YOGURT, WG TOAST, MIXED FRUITS,CRANB. WIKI BRK -SAME SNACK BAR:CORNDOG,BROCC./CARR., B.BEANS,F.JUICE,APPLESAUCE LUNCH:CHEESE PIZZA,BROCCOLI/CARROT FRUIT JUICE, APPLESauce,BAKED BEANS	BRK:PORTUGESE SAUSAGE,RICE OR CEREAL,WG TOAST,PEACHES, FRUIT JUICE WIKI:KALUA AND SPINACH,RICE,MIXED VEGGIES,PINE CHUNKS,PEACHES,ROLL LUNCH:ROSAT PORK,ROLL,MIX VEGGIES PINE CHUNKS,PEACHES,SWEET ROLL
<b>HOLIDAY MARTIN LUTHER KING DAY</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	BRK:APPLESAUCE BREAD OR CEREAL,WG TOAST,P.CHUNKS,F.JUICE WIKI BRK-SAME SNACK BAR:CHEESY CHILI TOTS, BISCUIT,M.VEGGIES,APPLESAUCE, FRUIT JUICE LUNCH:BEEF HOT DOG BUN,TATER TOTS, M.VEGGIES,APPLESAUCE,FRUIT JUICE	BRK:BREAKFAST CHICKEN,RICE OR YOGURT,WG TOAST,MIXED FRUIT, FRUIT JUICE WIKI:TUNA MELT SANDWICH,POTATO WEDGES,BORCC/CARR.,F.SLUSHY, FRUIT COCKTAIL LUNCH:CREOLE MACARONI,F.ROLL, BROCC./CARR.,F.SLUSHY,F.COCKTAIL	BRK:PORTUGESE SAUSAGE,RICE OR CEREAL,WG TOAST,CRANBERRIES, FRUIT JUICE,WIKI BRK.-SAME SNACK BAR:BEEF PATTY,RICE,ROLL MIXED VEGGIE,PINE CHUNKS, CRANBERRIES LUNCH:BRD.CHIX NUGGETS,RICE,MIXED VEGGIES,CARR.,PINE CHUNKS,STRAW.	BRK:CINNAMON ROLL OR YOGURT WG TOAST,P.CHUNKS,APPLESAUCE WIKI:HOT TURKEY SANDWICH,MASH POTATO,CORN,PEACHE,APPLESAUCE LUNCH:BAKED CHIX PASTA,CORN,CARR., EDAMAME,MASH POTATO,ROLL, PEACHES,APPLESAUCE
<b>NO SCHOOL PD DAY</b>	<b>28</b>			
	BRK:BREAKFAST SLIDERS, OR CEREAL, WG TOAST,PEACH,FRUIT JUICE,WIKI BRK.-SAME SNACK BAR:FRIED SAIMIN,WG ROLL, MIXED VEGGIES,FRUIT JUICE,PEACHES LUNCH:NACHOS W/BEEF&CHEESE SAUCE, MIXED VEGGIES,FRUIT JUICE,PEACHES	BRK:MINI PANCAKE OR YOGURT, WG TOAST,APPLESAUCE, CRANBERRIES WIKI:PEPEONI PIZZA,BROCC./CARR., CRANBERRIES,PINE CHUNKS LUNCH:GOLDEN CHICKEN STRIPS, RICE, BROCCOLI & CARROTS,WG ROLL, CRANBERRIES, PINE CHUNKS	BRK: FRIED RICE & EGG, OR CEREAL, WG TOAST,MIXED FRUITS, FRUIT JUICE,WIKI BRK-SAME SNACK BAR:BRD.CHIX ,ROLL,POTATO WEDGES,MIXED VEGGIES,FRUIT COCKTAIL,PEARS LUNCH:CHILI CHEESE WEDGES,ROLL, MIXED VEGGIES ,FRUIT COCKTAIL,PEARS	

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