



Daily Special
 Includes fruit and vegetable choices,
 whole grain breads and rolls and milk

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Double Cheese Burger	Popcorn Chicken Bowl	Bosco Sticks	Crispy Buffalo Chicken Salad	Personal Pan Pizza
8	9	10	11	12
Walking Taco w/Sour Cream	Maple Madness Pancakes	Chicken Parmesan Sandwich	Bacon Cheeseburger	Chicken Nuggets
15	16	17	18	19
Stuffed Breadsticks w/Marinara Sauce	French Toast	BBQ Ribette on a Roll	Meatballs Over Spaghetti	NO SCHOOL GOOD FRIDAY
22	23	24	25	26
NO SCHOOL EASTER BREAK	Maple Madness Pancakes	Popcorn Chicken	Pizza Dippers	Chicken Tenders
29	30			
Walking Taco w/Sour Cream	French Toast			

Fresh Fruit & Veggie Bar available daily with all lunches

Crispy or Grilled Chicken Sandwich
Grilled Burgers
Nacho Supreme with zesty salsa and jalapeños

Daily Choices

Daily Pizza Options

Fresh Deli

Fresh Salads

Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Pepperoni
Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey and Cheese Sub Lettuce/Tomato	Southwest Chicken Wrap	Turkey and Cheese Wrap
Crispy Chicken Salad or Grilled Chicken Salad	Buffalo Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)	Crispy Chicken Salad or Grilled Chicken Salad



V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.



GLENN WESTLAKE MIDDLE SCHOOL APRIL 2019

Lunch

\$3.00

Milk is Included with Meal

Milk

\$.50

A Variety of Milk Is Offered Daily

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?

Jennifer Caputo Casey
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630-827-4594

Comprehensive nutrition & allergy guides are available in the Foodservice Office.