



MAINLAND REGIONAL HIGH SCHOOL

Home of the Mustangs

One Family – One School – One Community

1301 Oak Avenue • Linwood, NJ 08221-1698 • www.mainlandregional.net • 609.927.4151 • fax 609.927.1942

CEEB SCHOOL Code: 310-698 • School Counseling Office 609.927.4139 • fax 609.926.0846

Mainland Regional High School is a comprehensive, four-year public high school with an enrollment of approximately 1,300 students serving the communities of Somers Point, Northfield and Linwood, New Jersey. Mainland is recognized as a National Blue Ribbon School of Excellence by the United States Department of Education. We are consistently recognized on both state and national levels as a high performing school committed to academic excellence and preparing students for college and career.

Mainland is ranked as **one of the top 100 high schools in the state** by *New Jersey Monthly* and in 2016 was ranked by *The Daily Beast* and *Newsweek* in the **top 1% of all high schools in the nation**. *Niche Best Schools* 2019 rankings listed Mainland as **the best** public high school in Atlantic County, NJ. In addition to these rankings, Mainland has the **highest average SAT scores** (Critical Reading and Math) and the **highest Advanced Placement exam participation rate** in Atlantic County.



Academic Excellence

College Admission Testing

SAT Scores (Mean) 2018

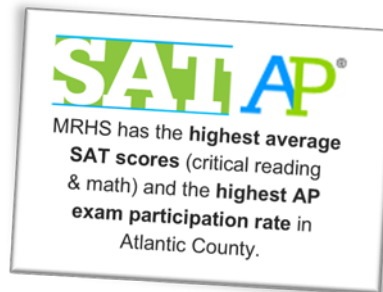
	Critical Reading	Math
MRHS	565	560
NJ	551	552
National	530	520

SAT Subject Test Scores (Mean) 2018

Biology	682	Math II	675
Chemistry	698	Physics	678
Literature	613	US History	638
Math I	667	World History	

117 AP Scholars

Scored 3 or higher on 3 or more AP Tests



1 out of 3*

students are enrolled in AP courses

64%*

2018 AP Test Scores of 3 or higher

Advanced Placement Program*

AP Course Offerings

- Biology
- Calculus AB & Calculus BC
- Chemistry
- Computer Science
- English Language Composition III
- English Literature IV
- Environmental Science
- European History & US History & World History
- French
- Human Geography
- Italian
- Macroeconomics
- Music Theory
- Physics B1 & Physics C
- Psychology
- Spanish
- Statistics
- Studio Art, 2-D Art, & 3-D Art
- US Government American Politics

Dual Enrollment Course Offerings

- Honors Pre-Calculus
- Calculus AB
- Honors Movie Making
- Honors Broadcast News Production
- Honors Holocaust and Genocide Studies

*MRHS believes that participation in AP courses is the best preparation for post-secondary academia.

Our Vision

MRHS will be recognized as the region's premier secondary educational institution defined by an instructional program that provides all students with relevant and meaningful educational experiences and opportunities that meet the challenges of a rapidly evolving and globally connected world.

Our Mission

MRHS is committed to safeguarding an exceptional scholastic environment of distinction that exceeds the New Jersey Student Learning Standards. Our mission is to ensure that all students are prepared for a nationally competitive and globally connected society through a collaborative partnership between home, school, and community.

MRHS Administration

- Mark C. Marrone, *Chief School Administrator*
- Kim Jensen, *Board Secretary/ Business Administrator*
- Nathan J. Lichtenwalner, *Vice Principal and Director of School Counseling*
- Javhan O' Neal, *Vice Principal*
- Dorsey J. Finn, *Coordinator of Planning, Instruction and Evaluation*
- Michael Gatley, *Director of Athletics and Supervisor of Instruction*
- Jo-Anne Goldberg, *Director of Child Study Team, 504 Coordinator*
- Kristen R. Lavery, *Supervisor of Instruction*
- Kathleen D. Villano, *Supervisor of Instruction*

School Counselors

- Casey LaFerriere All Freshmen (9th)
- Michele Fama A-D; Seniors A-Com
- Maureen Wixson E-L; Seniors Con-Gill & N
- Mike Anthony M-R; Seniors Gilm-L
- Bob Roesch Rj-Z; Seniors Shon-Z & M-Mc
- Sandy Manos Seniors O-Shom; Me-My

School Counseling Office

609.927.4139 • fax 609.926.0846

Grading System

Grading Scale

92-100*	A	Outstanding
84-91	B	Above Average
76-83	C	Average
68-75	D	Minimal Passing
67 or less	F	Failure

Grade Point Equivalents:

92-100	4.0	76-79	2.0
88-91	3.5	72-75	1.5
84-87	3.0	68-71	1.0
80-83	2.5	Below 68	0.0

Class of 2018 Highlights

321 Graduates, post-secondary plans

70%	Four-year colleges and universities
17%	Two-year colleges
3%	Employment
8%	Other
1%	Career / Technical Schools
1%	Military

Grade Point Average (GPA)

The NON-WEIGHTED Grade Point Average is calculated by multiplying the grade point equivalent for each course by the number of credits, then dividing by the total number of credits attempted.

$$\frac{\text{Grade Point Equivalent} \times \text{Credits}}{\text{Total Credits Attempted}}$$

The WEIGHTED Grade Point Average gives additional weight to students taking Honors and AP courses. It is calculated by multiplying the grade point equivalent for each course, plus 1.0 for Honors/GT and 1.5 for AP, by the number of credits attempted, then dividing by the total number of credits attempted.

Class Rank

The academic environment at Mainland Regional High School is very challenging and the majority of our students meet that challenge by earning exemplary grades. Due to this high level of academic success, class rank does not reflect the achievements and potential of all our students. Therefore, Mainland Regional High School does not report class rank.

However, Mainland Regional High School does recognize students for academic achievement using cumulative weighted GPA as follows:

Summa Cum Laude: 5.0 +
Magna Cum Laude: 4.75 - 4.99
Cum Laude: 4.5 - 4.749

88%

2018 College Acceptance Rate



MRHS Class of 2018 College Acceptances

University of Alabama at Birmingham
 The University of Alabama
 Albright College
 Alvernia University
 American University
 Appalachian State University
 Arcadia University
 Arizona State University
 Atlantic Cape Community College
 Beacon College
 Belmont Abbey College
 Belmont University
 Bentley University
 Binghamton University
 Bloomsburg University
 Boston College
 Boston University
 Bryn Athyn College of the New Church
 Cabrini University
 Caldwell University
 California State University,
 Monterey Bay
 University of California, Berkeley
 University of California, San Diego
 University of California, Santa Barbara
 University of California, Santa Cruz
 Camden County College
 The Catholic University of America
 Centenary University
 University of Central Florida
 College of Charleston
 Christopher Newport University
 Clemson University
 Coastal Carolina University
 University of Colorado at Boulder
 Colorado Mesa University
 Colorado State University
 University of Connecticut
 University of Dayton
 University of Delaware
 University of Denver
 DeSales University
 Drew University
 Drexel University
 Duquesne University
 East Carolina University
 East Stroudsburg University
 Eastern University
 Elon University
 Emory University
 Fairleigh Dickinson University

Flagler College
 Florida Atlantic University
 Florida State University
 University of Florida
 Fordham University
 Furman University
 George Mason University
 Georgetown University
 Georgia Institute of Technology
 Georgian Court University
 Gettysburg College
 Grove City College
 University of Hartford
 Haverford College
 University of Hawaii at Hilo
 High Point University
 Hofstra University
 Holy Cross College
 Holy Family University
 Humboldt State University
 Immaculata University
 Ithaca College
 Jacksonville University
 James Madison University
 Jefferson University
 Johns Hopkins University
 Johnson & Wales University
 Kean University
 Keiser University
 King's College
 Kutztown University
 La Salle University
 Lafayette College
 Lebanon Valley College
 Lehigh University
 Liberty University
 Life University
 Limestone College
 Loyola Marymount University
 Loyola University Maryland
 University of Maine
 Marist College
 University of Mary Washington
 University of Maryland
 University of Maryland,
 Baltimore County
 Marymount University
 Massachusetts College of Pharmacy
 & Health Sciences
 University of Massachusetts
 Messiah College

University of Miami
 University of Michigan
 Middlesex County College
 University of Minnesota, Twin Cities
 University of Mississippi
 Monmouth University
 Montana State University
 Montclair State University
 Muhlenberg College
 Murray State University
 Neumann University
 University of New Hampshire
 University of New Haven
 New Jersey City University
 New Jersey Institute of Technology
 The College of New Jersey
 New York University
 University of North Carolina
 at Chapel Hill
 University of North Carolina
 at Charlotte
 University of North Carolina
 at Wilmington
 North Carolina State University
 Northeastern University
 Nova Southeastern University
 Old Dominion University
 Pace University
 Pennsylvania State University
 University of Pennsylvania
 University of Pittsburgh
 University of Portland
 Quinnipiac University
 Radford University
 Ramapo College
 Rensselaer Polytechnic Institute
 University of Richmond
 Rider University
 Ringling College of Art and Design
 Robert Morris University
 Rochester Institute of Technology
 Rowan College at Burlington County
 Rowan College at Gloucester County
 Rowan University
 Rutgers University - Camden
 Rutgers University-New Brunswick
 Rutgers University-Newark
 Saint Joseph's University
 Saint Leo University
 Salisbury University
 San Diego State University

University of San Diego
 Savannah College of Art and Design
 University of the Sciences
 in Philadelphia
 The University of Scranton
 Seton Hall University
 Shepherd University
 University of South Carolina
 University of South Florida
 St. John's College
 Stetson University
 Stevens Institute of Technology
 Stevenson University
 Stockton University
 Stony Brook University
 SUNY College of Environmental
 Science and Forestry
 Susquehanna University
 Syracuse University
 The University of Tampa
 Temple University
 University of Tennessee
 The Culinary Institute of America
 Thomas Jefferson University
 Towson University
 United States Air Force Academy
 United States Marine Corps
 United States Military Academy
 United States Naval Academy
 Ursinus College
 Vanderbilt University
 Vassar College
 University of Vermont
 Villanova University
 Virginia Tech
 Virginia Wesleyan University
 University of Virginia
 Wagner College
 Wake Forest University
 Washington University in St. Louis
 Wesley College
 Wesleyan University
 West Chester University
 University of West Florida
 West Virginia University
 Widener University
 William Paterson University
 Wingate University
 University of Wisconsin



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What makes Mainland unique?

We embrace an ideology that continues to pave the way for the next generation of learners to experience secondary school education in a perceptually new instructional venue that is student empowered and purposefully designed to prepare students for their future. The District supports a philosophy that fosters and supports a paradigm shift that has realigned curriculum to stimulate intellectual curiosity and creativity while preparing our students for 21st Century Occupational Pathways.

Progressive Schedule – supports accountability, connectedness and engagement among our students and faculty. This schedule provides students with tremendous freedom and opportunities designed to promote a sense of responsibility and accountability that will effectively prepare them for success in college and career.

Relevant and Meaningful Curriculum – includes more than 220 diverse course offerings organized into 9 distinct college and career clusters. These clusters are designed to support students in choosing a course of study that not only meets their individual interests, passions and goals, but also prepares them for success. We offer 25 Advanced Placement courses and 38 Honors courses, as well as several Gifted/Talented courses. Additionally, Mainland offers dual enrollment courses in conjunction with Stockton University and concurrent enrollment opportunities with Atlantic Cape Community College, which provide students the opportunity to earn college credit.



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21st Century Facility and Technology

– Mainland benefited from a recent \$40 million renovation project that provides students and faculty with a 21st century learning environment. We are proud of our state of the art television studio, the interactive whiteboards present in every classroom, campus-wide wireless network that supports our Bring Your Own Device initiative and significant access to technology with over 1,000 electronic devices available to students and faculty in the building.

Academic Excellence

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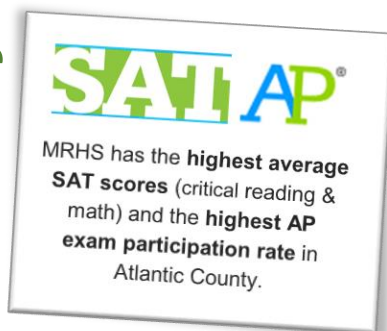
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 Human Geography
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 Physics B1 & Physics C
 Psychology
 Spanish
 Statistics
 Studio Art, 2-D Art, & 3-D Art
 US Government American Politics

Dual Enrollment Course Offerings

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 Calculus AB
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Athletic & Co-Curricular Accomplishments

Mainland provides student-athletes with the opportunity to choose from over 25 different programs, all of which have a proud history of success, sportsmanship and community service.

Recent Athletic Achievements

State Championships

Baseball Group III ('14)

Golf ('13)

Boys Swimming ('16-'18)

South Jersey Championships

Baseball ('14, '15) Boys Swimming ('15-'18)

Girls Cross Country ('16) Boys Tennis ('16, '17)

Golf ('14) Girls Tennis ('15-'17)

Boys Soccer ('16, '17)

Atlantic County Championships

Boys Cross Country ('16, '18)

Girls Cross Country ('16) Girls Track ('18)

Cape-Atlantic League Championships

Baseball ('15) Girls Soccer ('15-'17)

Girls Basketball ('15, '17, '18) Softball ('17)

Boys Basketball ('17) Boys Swimming ('16, '17)

Girls Cross Country ('16) Boys Tennis ('14, '16, '17)

Boys Cross Country ('17) Girls Tennis ('14, '16)

Boys Soccer ('16, '17) Girls Track ('17)



Mainland offers over 40 diverse clubs and activities for students to join, engaging students to develop skills in their areas of interest and providing opportunities for them to participate and showcase their talents.

Academic Achievements

Mock Trial '16, '17 & '18 County Champions; '15 NJ State Champions, Regional Champions, and Placed Ninth at Nationals

Academic Team Consistently ranked as one of the top teams in the state

Science League Competition Winners

National Latin Exam Award Winners

Merck Science Day Award Winners

Performing Arts Highlights

New Jersey Drama and Forensics League (NJDFL) '12-'18 Consecutive State Championships

Marching Band '15 State Champions & Regional Champions

Poetry Out Loud '15 State Finalist

Choir '16 First Place at Hershey, PA, Competition

All-State Band & Choir '16-'18

All-South Jersey Chorus, Band, Wind and Orchestra Honor Ensembles over 20 students accepted in '16-'18

Annual Spring Musical showcases the theatrical talents of our students. Our 2018 *Cinderella* was simply enchanting!

Service and Leadership Highlights

Support Our Troops club organizes our annual Veterans Days breakfast, and raises money and collects items to support troops overseas.

Student Council organizes many events to give back to the community, such as, the 21 Down Dance and Relay for Life.

Student Ambassadors ease the transition for new students and assist with school events, such as Freshman Orientation.

The National Honor Society organizes annual blood drives and provides tutoring services.



71%

2018 Participation in Co-Curricular Activities

