

Monday

2
Tuesday
3
Wednesday
4
Thursday
5
Friday
6

Hot Dog or
Cheeseburger
Potato Wedges
Watermelon Wedges
Pears
Chef Salad

Lasagna
Garlic Bread
Zucchini
Grapes

Chinese Chicken Salad

Chicken Strips
Mashed Potato Bowl
Peas
Caesar Salad
Cantaloupe
Chicken Caesar Salad

Sloppy Joes
Corn on the Cob
Carrot Sticks w/Ranch
Fruit Salad

Southwest Salad

Chicken Sandwiches
Pasta Salad
Carrot Sticks
Honeydew

9

Garden Salad

Spaghetti & Garlic Bread
Zucchini
Caesar Salad
Cantaloupe

10

Taco Salad

Baked Potato w/the Fixins
or Sub Sandwiches
Strawberries

11

Chef Salad

Buffalo Chicken Wrap
Veggies & Hummus
Caesar Salad
Peaches

12

Chinese Chicken Salad

Taco Salad
Refried Beans
Cowboy Caviar
Pears

13

Chicken Caesar Salad

Bean Burritos or Tamales
Chips and Salsa
Cowboy Caviar
Watermelon

16

Southwest Salad

Ham & Cheese Panini Or
Pepperoni Chicken Panini
Veggies and Hummus
Grapes

17

Garden Salad

Corn Dog
Seasoned Potato Wedges
Broccoli Salad
Peaches

18

Taco Salad

Pork Roast
Mashed Potatoes
Butternut Squash
Cantaloupe

19

Chef Salad

Cheeseburgers
Or Hamburgers
Potato Wedges
Honeydew Melon

20

Chinese Chicken Salad

Fajitas
Spanish Rice
Green Salad
Cantaloupe

23

Chicken Caesar Salad

Ground Beef and Macaroni
Zucchini
Garlic Bread Stick
Honeydew

24

Southwest Salad

Totchos
Picko Slaw
Peaches

25

Garden Salad

Baked Chicken
Honey Glazed Carrots
Pasta Salad
Whole Wheat Roll
Pears
Taco Salad

26


Meatball Subs
Pesto Pasta Salad
Broccoli
Baked Apples

27

Chef Salad

Pepperoni Pizza or
Cheese Pizza
Caesar Salad
Peaches

30

Chinese Chicken Salad

Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

Breakfast Price: Paid \$2.75 Reduced \$0.30

Lunch Price: Paid \$3.50 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhdsdistrict.net