

# Lunch Menu

## August 2019



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
<p><b>12</b> Vegetarian Lunch (5) Chicken Burrito Bowl w/Rice &amp; Vegetables (320) Turkey &amp; Cheese Sandwich (20) Mexican Chicken Salad, Popped Corn Chips, Hot Sauce (30) Vegetable Packet HS (375) LN 100% Fruit Juice HS (375) 1% White Milk (75) Fat Free Chocolate Milk (225) Fruit (37) Vegetable (375)</p>	<p><b>13</b> Vegetarian Lunch (5) Chicken Patty Burger w/Oven Baked Fries (30) Deli Chicken &amp; Cheese Sandwich (10) Buffalo Chicken Salad, Dinner Roll, Ranch Dressing (10) Lunch Special- Spicy Chicken Patty Sandwich w/ Baked Fries (415) Starchy Vegetable HS (470) LN Whole Fruit K8 (470) 1% White Milk (94) Fat Free Chocolate Milk (282) Fruit (47) Vegetable (470)</p>	<p><b>14</b> Vegetarian Lunch (5) Beef Chili, Popped Corn Chips (400) Roast Beef Sandwich (10) Tuna Salad, Wheat Crackers, Ranch Dressing (10) Vegetable Packet HS (425) LN Whole Fruit K8 (425) 1% White Milk (85) Fat Free Chocolate Milk (255) Fruit (42) Vegetable (425)</p>	<p><b>15</b> Vegetarian Lunch (5) Breaded Chicken Leg, Mashed Potatoes w/Gravy (400) Wowbutter Sandwich (30) Southwest Chicken Salad, Dinner Roll, Ranch Dressing (10) Side Salad HS (445) LN Whole Fruit K8 (445) 1% White Milk (89) Fat Free Chocolate Milk (267) Fruit (44) Vegetable (445)</p>	<p><b>16</b> Vegetarian Lunch (5) Baked Ziti w/Meat Sauce (320) Turkey Pastrami &amp; Cheese Sandwich (30) Chicken Taco Salad, Popped Corn Chips, Ranch Dressing (30) Vegetable Packet HS (385) LN 100% Fruit Juice HS (385) 1% White Milk (77) Fat Free Chocolate Milk (231) Fruit (38) Vegetable (385)</p>
<p><b>19</b> Vegetarian Lunch (5) Chicken Tamale, Mixed Vegetables (400) Ham &amp; Cheese Sandwich (10) Mexican Chicken Salad, Popped Corn Chips, Hot Sauce (20) Vegetable Packet HS (435) LN 100% Fruit Juice HS (435) 1% White Milk (87) Fat Free Chocolate Milk (261) Fruit (43) Vegetable (435)</p>	<p><b>20</b> Vegetarian Lunch (5) Cheeseburger w/Oven Baked Fries (250) Roast Beef Sandwich (10) Buffalo Chicken Salad, Dinner Roll, Ranch Dressing (10) Lunch Special- BBQ Cheeseburger w/ Oven Baked Fries (200) Starchy Vegetable HS (475) LN Whole Fruit K8 (475) 1% White Milk (95) Fat Free Chocolate Milk (285) Fruit (47) Vegetable (475)</p>	<p><b>21</b> Vegetarian Lunch (5) Baked Chicken Spaghetti (220) Club Sandwich *CONTAINS PORK* (220) Tuna Salad, Wheat Crackers, Ranch Dressing (10) Vegetable Packet HS (455) LN Whole Fruit K8 (455) 1% White Milk (91) Fat Free Chocolate Milk (273) Fruit (45) Vegetable (455)</p>	<p><b>22</b> Vegetarian Lunch (5) Beef Nacho Burrito (350) Build Your Own Tuna Sandwich (30) Southwest Chicken Salad, Dinner Roll, Ranch Dressing (30) Side Salad HS (415) Premium Bulk Fruit HS (415) 1% White Milk (83) Fat Free Chocolate Milk (249) Fruit (41) Vegetable (415)</p>	<p><b>23</b> Vegetarian Lunch (5) Breakfast for Lunch- French Toast, Sausage &amp; Tots (400) Turkey Ham &amp; Cheese Sandwich (15) Chicken Taco Salad, Popped Corn Chips, Ranch Dressing (15) Vegetable Packet HS (435) LN 100% Fruit Juice HS (435) 1% White Milk (87) Fat Free Chocolate Milk (261) Fruit (43) Vegetable (435)</p>
<p><b>26</b> Vegetarian Lunch (5) Chicken Nuggets, Cheesy Mashed Potatoes (450) Turkey Ham &amp; Cheese Sandwich (10) Mexican Chicken Salad, Popped Corn Chips, Hot Sauce (10) Vegetable Packet HS (475) LN 100% Fruit Juice HS (475) 1% White Milk (95) Fat Free Chocolate Milk (285) Fruit (47) Vegetable (475)</p>	<p><b>27</b> Vegetarian Lunch (5) Corn Dog, Oven Baked Fries (400) Deli Chicken &amp; Cheese Sandwich (10) Buffalo Chicken Salad, Dinner Roll, Ranch Dressing (10) Starchy Vegetable HS (425) LN Whole Fruit K8 (425) 1% White Milk (85) Fat Free Chocolate Milk (255) Fruit (42) Vegetable (425)</p>	<p><b>28</b> Vegetarian Lunch (5) Cheese Ravioli (400) Turkey &amp; Cheese Sandwich (10) Tuna Salad, Wheat Crackers, Ranch Dressing (10) Vegetable Packet HS (425) LN Whole Fruit K8 (425) 1% White Milk (85) Fat Free Chocolate Milk (255) Fruit (42) Vegetable (425)</p>	<p><b>29</b> Vegetarian Lunch (5) Plain Hamburger (450) Wowbutter Sandwich (30) Southwest Chicken Salad, Dinner Roll, Ranch Dressing (10) Side Salad HS (495) LN Whole Fruit K8 (495) 1% White Milk (99) Fat Free Chocolate Milk (297) Fruit (49) Vegetable (495)</p>	<p><b>30</b> Vegetarian Lunch (5) Orange Chicken, Chow Mein Noodles (400) Deli Chicken &amp; Cheese Sandwich (10) Chicken Taco Salad, Popped Corn Chips, Ranch Dressing (10) Vegetable Packet HS (425) LN 100% Fruit Juice HS (425) 1% White Milk (85) Fat Free Chocolate Milk (255) Fruit (42) Vegetable (425)</p>

### MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

