

January 2019 Lunch Menu

	Tuesday, 1st	Wednesday, 2nd	Thursday, 3rd	Friday, 4th
<p><u>Student Daily Lunch</u> Prices: Reduced \$.40 Paid \$3.25 <u>Daily Adult Price</u> \$4.50 <u>Payment Options:</u> Cash Money Order www.ezschoollpay.com</p>	<p><i>No School Semester Break</i></p>	<p><i>No School Semester Break</i></p>	<p><i>No School Semester Break</i></p>	<p><i>No School Semester Break</i></p>
Monday 7th	Tuesday, 8th	Wednesday, 9th	Thursday, 10th	Friday, 11th
<p><i>*Hot Dog (Turkey) Baked French Fries BBQ Beans Chilled Rosy Applesauce Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Yogurt/Muffin Cheese Tray</p>	<p><i>*Beef Nachos Lettuce/Tomato *Spanish Rice Refried Beans Fresh Orange Slices OR Chilled Fruit Cocktail Choice of Milk</i></p> <p style="text-align: center;"><u>Salad Plate</u> Chicken Tender</p>	<p><i>*Lasagna Fresh Spinach Salad Peas & Carrots Fresh Apple OR Chilled Mandarin Oranges & Pineapple Tidbits Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Grilled Chicken Caesar Wrap</p>	<p><i>*Grilled Chicken Sandwich Lettuce/Tomato/Pickle Seasoned Green Beans Baked Fries Chilled Peach Slices OR Fresh Grape Cup Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Yogurt/Muffin Cheese Tray</p>	<p><i>*Pepperoni Pizza Baby Carrots w/ Lt. Ranch Dip Corn on the Cob Chilled Fruit of the Day Choice of Milk</i></p> <p style="text-align: center;"><u>Salad Plate</u> Chef Salad w/ Turkey Ham</p>
Monday, 14th	Tuesday, 15th	Wednesday, 16th	Thursday, 17th	Friday, 18th
<p><i>*Chicken Nuggets/ BBQ Sauce *Dinner Roll Candied Yams Broccoli & Rice Casserole Chilled Mandarin Oranges OR Fresh Apple Choice of Milk</i></p> <p style="text-align: center;"><u>Salad Plate</u> Grilled Chicken Caesar</p>	<p><i>*BBQ Sandwich Baked Potato Wedges Seasoned Green Beans Chilled Pears & Peaches OR Fresh Tangerine Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Yogurt/Muffin/Cheese</p>	<p><i>*Beef-a-Roni Streamed Spinach Seasoned Corn Chilled Mixed Fruit OR Fresh Apple Slices Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Chicken Tender Wrap</p>	<p><i>*Cheeseburger Lettuce/Tomato/Pickle Sweet Potato Fries Baked Beans Chilled Applesauce OR Fresh Pear Choice of Milk</i></p> <p style="text-align: center;"><u>Deli Box</u> Yogurt/Muffin/Cheese Tray</p>	<p><i>*Chicken Tenders Macaroni & Cheese Seasoned Pinto Beans Chilled Fruit of the Day Choice of Milk</i></p> <p style="text-align: center;"><u>Salad Plate</u> Cobb Salad w/ Fritted Chicken</p>

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<i>Monday, 21st</i>	<i>Tuesday, 22nd</i>	<i>Wednesday, 23rd</i>	<i>Thursday, 24th</i>	<i>Friday, 25th</i>
<p><i>No School M.L. King, Jr. Day</i></p>	<p><i>*Beef Nachos Lettuce/Tomato *Spanish Rice Refried Beans Fresh Orange Slices OR Chilled Fruit Cocktail Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Yogurt/Muffin Cheese Tray</i></p>	<p><i>*Lasagna Fresh Spinach Salad Peas & Carrots Fresh Apple OR Chilled Mandarin Oranges & Pineapple Tidbits Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Grilled Chicken Caesar Wrap</i></p>	<p><i>*Grilled Chicken Sandwich Lettuce/Tomato/Pickle Seasoned Green Beans Baked Fries Chilled Peach Slices OR Fresh Grape Cup Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Yogurt/Muffin Cheese Tray</i></p>	<p><i>*Cheese Pizza Baby Carrots w/ Lt. Ranch Dip Corn on the Cob Chilled Fruit of the Day Choice of Milk</i></p> <p style="text-align: center;"><u><i>Salad Plate</i></u> <i>Chef Salad w/ Turkey Ham</i></p>
<i>Monday, 28th</i>	<i>Tuesday, 29th</i>	<i>Wednesday, 30th</i>	<i>Thursday, 31st</i>	
<p><i>*Chicken Nuggets *Dinner Roll Mashed Potatoes Steamed Broccoli Chilled Mandarin Oranges OR Fresh Apple Choice of Milk</i></p> <p style="text-align: center;"><u><i>Salad Plate</i></u> <i>Grilled Chicken Caesar</i></p>	<p><i>*Chicken Noodle Soup *Grilled Cheese Steamed Broccoli Baked Sweet Potato Fires Chilled Pears & Peaches OR Fresh Tangerine Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Yogurt/Muffin/Cheese</i></p>	<p><i>*Beef-a-Roni Steamed Spinach Seasoned Corn Chilled Mixed Fruit OR Fresh Apple Slices Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Chicken Tender Wrap</i></p>	<p><i>*Cheeseburger Lettuce/Tomato/Pickle Baked French Fries Baked Beans Chilled Rosy Applesauce OR Fresh Pear Choice of Milk</i></p> <p style="text-align: center;"><u><i>Deli Box</i></u> <i>Yogurt/Muffin/Cheese Tray</i></p>	<p><u><i>Daily Milk Choices:</i></u> <i>1% Non-Flavored Fat Free Chocolate Fat Free Strawberry Fat Free Vanilla</i></p> <p style="text-align: center;"><i>*Whole Grain</i></p>
<p><i>“This Institution is an Equal Opportunity Provider and Employer”</i></p>				