

November 2018

AASD Elementary Lunch Menu

Thursday	1	General Tso's Chicken over Rice, Steamed Broccoli, Cucumber Slices
Friday	2	Toasted Cheese Sandwich, Tomato Soup, Green Peas
Monday	5	Chicken Nuggets with a Dinner Roll, Green Beans, Baby Carrots
Tuesday	6	Tacos on a Soft Tortilla, Baked Beans, Cherry Tomatoes
Wednesday	7	Hot Ham and Cheese on a Pretzel Roll, Sweet Potato Fries, Green Peas
Thursday	8	Chicken Mashed Potato, Dinner Roll, Mashed Potatoes, Steamed Corn
Friday	9	Cheese or Pepperoni Pizza – Italian Salad and Steamed Broccoli
Monday	12	NO SCHOOL – VETERANS DAY
Tuesday	13	Walking Taco with a Dinner Roll, Steamed Corn, Baked Beans
Wednesday	14	Hot Dog on a Roll – Cheesy Potatoes and Red Pepper Strips
Thursday	15	General Tso's Chicken over Rice, Steamed Broccoli, Cucumber Slices
Friday	16	Holiday Meal, Turkey with Stuffing, Mashed Potatoes, Steamed Corn
Monday	19	Popcorn Chicken with a Dinner Roll, Cheesy Broccoli, Baby Carrots
Tuesday	20	NO SCHOOL - CONFERENCES
Wednesday	21	NO SCHOOL - CONFERENCES
Thursday	22	NO SCHOOL - THANKSGIVING
Friday	23	NO SCHOOL
Monday	26	NO SCHOOL
Tuesday	27	Walking Taco, Dinner Roll, Baked Beans, Cherry Tomatoes
Wednesday	28	Ham and Cheese on Pretzel Roll, green Beans, Red Pepper Strips
Thursday	29	Chicken Mashed Potato, Dinner Roll, Mashed Potatoes, Steamed Corn
Friday	30	Cheese or Pepperoni Pizza – Italian Salad and Steamed Broccoli

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

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Components: Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk
- 1% white, fat-free white, chocolate, vanilla and strawberry

Daily Fruit Selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Other Daily Features: Hamburger, Cheese Burger, Steak and Cheese, Chicken Patty on a Bun, Spicy Chicken Patty on a Bun, Chicken Nuggets with Pretzel Stick, BBQ Pork Sandwiches

Deli: Turkey, Ham, Buffalo Chicken available in: Wraps, Hoagies, and Flatbreads

Pizza: Cheese, Pepperoni, and Buffalo Chicken Pizza

Fresh Salads served w/ a dinner roll: Chicken Caesar, Chopped Garden, Buffalo Chicken, Crispy Chicken

On the Go? Grab and Go Sandwiches, Crackers Cheese and Fruit.

Lunch Prices: Student \$2.05. Reduced \$0.40. Adult \$3.05.

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