

FLDUSD

LUNCH MENU DECEMBER 2018

1% AND FAT FREE MILK SERVED WITH EVERY MEAL

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 CHICKEN NUGGETS PEAS CHICKPEA AND TO FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 4 SLOPPY JOE TURKEY BURGER COLESLAW FRENCH FRIES MIX FRUIT	Dec - 5 HAMBURGER FRENCH FRIES BABY CARROTS PEACHES,FRESH DICED PEARS 1% LOW FAT MILK	Dec - 6 CHICKEN FAJITA RICE TURKEY BURGER MIX VEGGIES BABY CARROTS FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 7 CHEESE PIZZA BABY CARROTS ROMAINE SALAD PINEAPPLE 1% LOW FAT MILK
Dec - 10 CORN DOG 3 BEAN SALAD CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 11 SPAGHETTI ROMAINE SALAD CHERRY TOMATOE BABY CARROTS FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 12 CHICKEN BURGER SWEET POTATO FRIE BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 13 ORANGE CHICKEN RICE HOT DOG STEAMED BABY CAR CELERY STICKS FRESH FRUIT ASSOR 1% LOW FAT MILK	Dec - 14 FRENCH BREAD PIZ ROMAINE SALAD ROASTED PEPPER M PINEAPPLE 1% LOW FAT MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.