



Kilgore Independent School District

Menu Subject to change based on food availability

Kilgore Primary Lunch Menu

Variety of milk offered daily

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PreK and Head Start only get 1% white milk with meals.</p>	<p>1</p> 	<p>2</p> <p>CHRISTMAS BREAK!</p> <p>NO SCHOOL!</p>	<p>3</p> <p>CHRISTMAS BREAK!</p> <p>NO SCHOOL!</p>	<p>4</p> <p>CHRISTMAS BREAK!</p> <p>NO SCHOOL!</p>
<p>7</p> <p>STAFF DEVELOPMENT DAY!</p> <p>NO SCHOOL!</p>	<p>8 <u>Entrée choice</u> SW Chicken Flautas <u>Grain/Vegetable/Fruit Choice:</u> Sweet Corn Glazed Carrot Coins Fruit Cocktail</p>	<p>9 <u>Entrée choice</u> Four Cheese Pizza Slice <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Steamed Broccoli Florets Fruit Splash Raisels</p>	<p>10 <u>Entrée choice</u> Salisbury Steak <i>w/wo gravy</i> <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Roasted Rosemary Potatoes Key West Vegetable Blend Green Apple Slices</p>	<p>11 <u>Entrée choice</u> Corndog Popcorn Chicken (PreK and Head St) <u>Grain/Vegetable/Fruit Choice:</u> Potato Tots Baked Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> Grapefruit Slices</p>
<p>14 <u>Entrée choice</u> Asian Glazed Chicken Chunks <u>Grain/Vegetable/Fruit Choice:</u> Mediterranean Quinoa Salad Fresh Mixed Greens Salad Glazed Carrot Coins TX Orange Wedges</p>	<p>15 <u>Entrée choice</u> Bulldog Beef Grande Nacho <u>Grain/Vegetable/Fruit Choice:</u> Homemade Pinto Beans Cucumber Tomato Salad Strawberry Craisins</p>	<p>16 <u>Entrée choice</u> Stuffed Crust Pepperoni Pizza Slice <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Mixed Vegetable Blend Red Apple Slices</p>	<p>17 <u>Entrée choice</u> Meatloaf <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Mashed Potatoes <i>w/wo gravy</i> Garden Fresh Salad Diced Peaches</p>	<p>18 <u>Entrée choice</u> Chicken Tenders <u>Grain/Vegetable/Fruit Choice:</u> Crinkle Cut Fries Baby Carrots TX Grapefruit Slcies</p>
<p>21</p> <p>MLK DAY!</p> <p>NO SCHOOL!</p>	<p>22 <u>Entrée choice</u> Fajita Chicken Tacos <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Sweet Corn Fresh Mixed Greens Salad Pineapple Tidbits</p>	<p>23 <u>Entrée choice</u> Spaghetti w/meatballs <i>w/wo garlic breadstick</i> <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Key West Vegetable Blend Fresh Pear</p>	<p>24 <u>Entrée choice</u> Breaded Chicken Drumstick <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and Cheese Fresh Mixed Greens Salad Roasted Green Beans Green Apple Slices</p>	<p>25 <u>Entrée choice</u> Hot Dog <i>w/wo chili sauce</i> Chicken Ringers (PreK and Head St) <u>Grain/Vegetable/Fruit Choice:</u> Crinkle Cut Fries Baby Carrot Sticks Baked Beans Blueberry Craisins</p>
<p>28 <u>Entrée choice</u> Chicken Sandwich <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Smiling Potatoes Watermelon Raisels</p>	<p>29 <u>Entrée choice</u> Beef Tostadas <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Homemade Pinto Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> TX Orange Wedges</p>	<p>30 <u>Entrée choice</u> Chicken Bacon Ranch Pizza <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Winter Vegetable Blend Strawberry Applesauce</p>	<p>31 <u>Entrée choice</u> Pizza Cheesy Sticks <i>w/wo marinara</i> <u>Grain/Vegetable/Fruit Choice:</u> Baby Carrot Sticks Fresh Mixed Greens Salad Red Apple Slices</p>	

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