

South Lake Middle School Lunch Menu

Food Service Director:
 Karri Youngblood
 Jyoungblood@solake.org



March

Monday	Tuesday	Wednesday	Thursday	Friday
				1. PIZZA DAY! Domino's Pizza Salad Bar (Romaine, Cucumber, Tomato) Apple Slices Milk
4. Cheeseburger Sliders Tater Tots Applesauce Cup Milk Chicken Enchiladas	5. Creamy Chicken Alfredo WG Breadstick Steamed Broccoli Mandarin Oranges Milk Breakfast Croissant	6. Crazy Cheese Bread Marinara Cup Steamed Corn Pineapple Tidbits Milk Pulled Pork Sandwich	7. Crispy Chicken Sandwich Steamed Carrots Banana Milk Pizza Quesadilla	8. PIZZA DAY! Domino's Pizza Salad Bar (Romaine, Cucumber, Tomato) Apple Slices Milk
11. Mini Pizza Bagels Green Beans Sliced Peaches Milk Teriyaki Chicken w/ Noodles	12. Hot Ham and Cheese on Hawaiian Bun Sweet Potato Tots Diced Pears Milk Cheesy Beef Lasagna w/ Roll	13. St. Patrick's Day Lunch Shamrock Chicken Nuggets Green Peas Strawberry Cup Milk Cheeseburger	14. HALF DAY	15. PIZZA DAY! Domino's Pizza Salad Bar (Romaine, Cucumber, Tomato) Apple Slices Milk
18. Sweet and Sour Chicken Fried Rice Steamed Broccoli Pineapple Tidbits Milk Twisted Breadsticks	19. Creamy Mac & Cheese WG Roll Green Beans Mandarin Oranges Milk Meatball Sub	20. Nacho Grande Lettuce/Tomato/Salsa Refried Beans Sliced Peaches Milk Spicy Chicken Sandwich	21. EARLY RELEASE Beef Corndog on Stick Cheesy Potato Bites Mixed Fruit Milk Cheesy Ravioli w/ Roll	22. PIZZA DAY! Domino's Pizza Salad Bar (Romaine, Cucumber, Tomato) Apple Slices Milk
25. French Toast Sticks Turkey Sausage Patty Triangle Hashbrowns Mandarin Oranges Milk Beef Taco Stick	26. Sloppy Joe on WG Bun Green Beans Strawberry Cup Milk Pizza Bosco Sticks	27. Spaghetti w/ Meat Sauce WG Breadstick Steamed Broccoli Banana Milk Chicken Drumsticks	28. Popcorn Chicken Goldfish Crackers Glazed Carrots Diced Peaches Milk Mozzarella Sticks w/ Marinara	29. HALF DAY

Lunch Prices:
 Paid Regular:\$3.05
 Reduced:\$.40
 Extra Entrée:\$1.50
 Entrée Only: \$3:00
 Adult: \$4.15
 Milk: \$.55

Breakfast Prices:
 Paid Regular: \$1.55
 Reduced: \$.30

Breakfast is served in the MS Café from 7:15am-7:35am



Fresh Salads and Subs are offered daily.



What Makes a Reimbursable Meal?

- Choice of Meat or Meat Alternate
- Choice of Vegetable and/or Choice of Fruit
- Choice of Grain/Bread
- Choice of Milk

*Student's must take at least one 1/2 cup serving of a fruit or vegetable!



Milk Choices Offered Daily:
 1% white, 1% and fat free flavored

Students who do not have sufficient funds in their meal account will be served an alternate meal at full price. Money may be deposited online at : sendmoneytoschool.com

This Institution is an equal opportunity provider.

Menus Subject to Change