



High School August – December 2018 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Week 1 8/6 8/20 9/3 9/17 10/1 10/15 10/29 11/12 12/3 12/17	<p>Breakfast French Toast & Sausage, Egg & Chorizo wrap, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Home-Style Chicken Bowl, Nachos with homemade chili, Pizza variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Sausage/Egg & cheese biscuit, Maple Wrapped Sausages Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Assorted Cereals</p> <p>Lunch NEW! Philly Cheesesteak Sandwich Salad, Bosco Cheese Sticks with Marinara sauce, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Egg & Chorizo wrap, French Toast & sausage, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Asian Bowl (Teriyaki or orange chicken over rice and Asian vegetables), Vegetable egg rolls with rice and Asian vegetables, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Sausage/Egg & Cheese biscuit, Pancakes & Sausage, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Assorted Cereals</p> <p>Lunch Enchiladas (chicken or cheese) with rice & beans, Pablano & Cheese Grab Wrap with rice & beans, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Scrambled eggs/bacon with English muffin, Cinnamon Roll, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Spaghetti in a homemade meat sauce with a Garlic Bread, 5 cheese lasagna roll up with roll, Pizza Variety, Grab-n-Go, Salad Bar</p>
Week 2					
Week 2 8/13 8/27 9/10 9/24 10/8 10/22 11/5 11/26 12/10	<p>Breakfast French Toast & Sausage, Egg & Chorizo wrap, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Meatloaf with Mashed Potatoes, Nachos with homemade chili, Pizza variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Sausage/Egg & cheese biscuit, Maple Wrapped Sausages Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Assorted Cereals</p> <p>Lunch Pulled Pork Sandwich & Coleslaw, Grilled Cheese, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Egg & Chorizo wrap, French Toast & sausage, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Teriyaki Beef Dunkers over rice, Cheese Pizza Crunchers, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Sausage/Egg & Cheese biscuit, Pancakes & Sausage, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Assorted Cereals</p> <p>Lunch Tostadas with beans, Lil Nacho Bites, Pizza Variety, Grab-n-Go, Salad Bar</p>	<p>Breakfast Scrambled eggs/bacon with English muffin, Cinnamon Roll, Breakfast Pizza, Fruit & Yogurt Parfait, Cinni Mini & string cheese, PB&J, Bagel & Cream Cheese, Assorted Cereals</p> <p>Lunch Chicken Alfredo with a Whole Wheat Roll, Cheese Raviolis, Pizza Variety, Grab-n-Go, Salad Bar</p>

Fresh Fruit/Vegetable Salad Bar				
Monday	Tuesday	Wednesday	Thursday	Friday
Spring Salad Mix Broccoli Tomatoes Celery/Jicama Jalapenos Fresh Fruit	Spring Salad Mix Broccoli Tomatoes Celery/Jicama Beans Fresh Fruit	Spring Salad Mix Broccoli Tomatoes Celery/Jicama Fresh Fruit	Spring Salad Mix Broccoli Tomatoes Celery/Jicama Jalapenos Fresh Fruit	Spring Salad Mix Broccoli Tomatoes Celery/Jicama Fresh Fruit

1% White Milk and Non-fat Chocolate Milk sold as part of a meal.

Grab-n-Go May Include:	Entrée Salads May Include:
<ul style="list-style-type: none"> Hamburger Cheeseburger Chicken Burger Spicy Chicken Burger Garden Burger PB&J 	<ul style="list-style-type: none"> Spicy Chicken Tenders Sandwich Wraps Sandwiches Tornados (only sold Ala Carte)
	<ul style="list-style-type: none"> Chef Salad Southwestern Salad Chicken Caesar

For Lunch Must Choose 3 Food Components:	Prices
1 Entrée (2 Components)	Paid Breakfast \$1.75
1 Fruit (1 Component) *1 item MUST be ½ cup Fruit or	Reduced Breakfast \$0.25
1 Vegetable (1 Component)	Paid Lunch \$3.00
1 Milk (1 Component)	Reduced Lunch \$.40

This institution is an Equal Opportunity Provider

Menu items subject to change/substitution