



Weatherford ISD High School Menu

Weatherford High School817-598-2884
WHS Ninth Grade.....817-598-2847 x8

Three Ways to Purchase Meals

Pre-Payments Online:

To post money on your students account, you may log into your myschoolbucks.com account. This service is easy to use, convenient, private, and secure. Parents may view/print their student's purchase history, account balance, and pay for multiple students by credit card or debit card. There is a convenience fee to pay online.

Check:

Make checks payable to the school your student attends. Include the students name(s) and ID number on the check. Bring the check to the cafeteria.

Cash:

Cash may be brought to your students cafeteria and deposit into their account or students may pay on a daily basis. Please put cash in an envelope with your students name(s) and ID number.

Menus are subject to change due to item availability

Weatherford ISD • Child Nutrition Department

999 Sloan, Weatherford, TX 76086

www.weatherfordisd.com

Executive Director of Support Services

Alicia Hernandez, 817-598-2991

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Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Meal Pricing

Breakfast.....	\$1.35
Lunch.....	\$2.75
Reduced Breakfast.....	\$0.30
Reduced Lunch.....	\$0.40
Staff Breakfast.....	\$1.75
Staff Lunch.....	\$3.75
Visitor Breakfast.....	\$1.55
Visitor Lunch.....	\$3.75

2018-2019

Weatherford ISD

Weatherford High School & WHS Ninth Grade

Breakfast Menu

MONDAY

- Breakfast Burrito
- Breakfast Pizza
- Cereal & Toast
 - Fruit
 - Juice
 - Milk

TUESDAY

- Breakfast on a Stick
- Sausage & Egg Biscuit
- Cereal & Toast
 - Fruit
 - Juice
 - Milk

WEDNESDAY

- Breakfast Burrito
- Chicken Biscuit
- Cereal & Toast
 - Fruit
 - Juice
 - Milk

THURSDAY

- Roo McMuffin
- Pancakes
- Cereal & Toast
 - Fruit
 - Juice
 - Milk

FRIDAY

- French Toast Sticks
- Breakfast Burrito
- Cereal & Toast
 - Fruit
 - Juice
 - Milk

Other Breakfast Information:
Assorted Fruit Offered Daily

Lunch Menu

MONDAY

- Spicy Chicken Sandwich
- Mini Corn Dogs
- Chicken Crispos
 - Roll
- Baby Carrots
- Potato Wedges
 - Side Salad
 - Fruit
 - Milk

TUESDAY

- Chicken Nuggets
- Hot & Spicy Popcorn Chicken
- Corn Dogs
 - Roll
- Mashed Potatoes
- Green Beans
 - Fruit
 - Milk

WEDNESDAY

- Nachos
- Taco Salad
- Orange Chicken
 - Roll
- Spanish Rice & Beans
 - Salsa
 - Side Salad
 - Fruit
 - Milk

THURSDAY

- Cheeseburgers
- Chicken Tenders
- Spicy Chicken Sandwich
 - Roll
- Potato Wedges
- Baby Carrots
- Side Salad
 - Fruit
 - Milk

FRIDAY

- Chicken Nuggets
- Beef Fingers
- Sub Sandwich
- Mashed Potatoes
- Baby Carrots
 - Fruit
 - Milk

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MONDAY

- Chicken Tacos
- Pepperoni Pizza
- Cheese Pizza
- Baby Carrots
- Side Salad
- Potato Wedges
 - Roll
 - Fruit
 - Milk

TUESDAY

- Hamburgers
- Crispos
- Cheese Sticks & Marinara Sauce
 - Roll
- Side Salad
- Potato Wedges
 - Fruit
 - Milk

WEDNESDAY

- Chicken Patty Melt
- Orange Chicken
- Popcorn Chicken
- Broccoli & Cheese
 - Side Salad
 - Roll
 - Fruit
 - Milk

THURSDAY

- Chicken Quesadilla
- Pepperoni Pizza
- Cheese Sticks & Marinara
- Potato Wedges
 - Side Salad
 - Roll
 - Fruit
 - Milk

FRIDAY

- Nachos
- Spicy Chicken Sandwich
- Taco Salad
 - Roll
- Corn
- Spanish Rice & Refried Beans
 - Side Salad
 - Fruit
 - Milk

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Other Lunch Information:

Watch For New Items Offered Monthly
Assorted Fruit and Vegetables Offered Daily

Some items may contain pork and subject to change without notice. Please inquire if you have any questions.

The Texas Department of Agriculture (TDA) has issued the Texas Public School Nutrition Policy to promote a healthier environment in schools. This Policy contains various nutritional regulations that the Weatherford ISD Child Nutrition Department must follow. The following is a list of the regulations that must be followed on a daily basis at each campus.

• Elementary classrooms may serve one nutritious snack per day in the morning or afternoon (not during regular meal periods of that class) under teacher's guidance. Prepackage snacks must comply with the fat and sugar limits of Texas Public School Nutrition Policy, must be single-size servings. All snacks (homemade and prepackage) may not contain any FMNV's or consist of candy or desert type items (cookie, cakes, cupcakes, pudding, ice cream, or frozen deserts, etc.).

• Classroom birthday parties must be scheduled after the end of the class's lunch period so that these celebrations will not replace a nutritious lunch. Foods of Minimal Value (FMNV's) may not be brought into the cafeteria during lunch serving periods.

• Carbonated drinks, candies, water ices, and chewing gum may not be sold, served or given away during meal periods where reimbursable meals are served/consumed.