

TODDLER PROGRAM AND CHILDREN'S HOUSE PARENTS:

Because parents pack lunches and snacks for Toddler and Children's House students, The Ratner School is required to furnish you with the "Requirements for Meals and Snacks" as defined by ODJFS. Please see below:

A meal shall meet one-third of the recommended daily dietary allowances as most recently specified by the United States department of agriculture (USDA) child and adult care food program child care component as identified in 7 CFR 226.20 (Sept. 1, 2004). This includes at a minimum, one serving of fluid milk, one serving of meat or meat alternative, two servings of vegetables and/or fruits (one serving of each is recommended) and one serving of bread or grains. The sizes of individual food servings may be varied according to the developmental needs of the child being served, but additional amounts of food shall be prepared and ready to serve in order to meet one-third the recommended daily dietary allowance for each child in attendance.

A snack shall provide nutritional value in addition to calories and contain at least one food from two of the four basic food groups. The basic food groups are:

- (a) Meat/meat alternate.
- (b) Bread/grains.
- (c) Fruit/vegetable.
- (d) Milk.