



RALLS JACKRABBITS

2019 POWERLIFTING SCHEDULE

High School

<u>Date</u>	<u>Meet</u>	<u>Site</u>
Sat. Jan. 12 th	Plainview Invitational	Plainview
Sat. Jan. 26 th	Dalhart Invitational	Dalhart
Sat. Feb. 9 th	Electra Invitational	Electra
Sat. Feb. 16 th	Dimmitt Invitational	Dimmitt
Fri. Mar. 1 st	Girls Regional Meet	Seagraves
Sat. Mar. 9 th	Boys Regional Meet	Sundown
Mar. 15 th -16 th	Girls State Meet	Waco
Sat. Mar. 23 rd	Boys State Meet	Abilene

Head Coach:

Keith Oldham koldham@rallsisd.org

Athletic Director:

Kevin Sherrill ksherrill@rallsisd.org

Assistant Coaches:

Nate Gensler ngensler@rallsisd.org

Teisha Laminack tlaminack@rallsisd.org