

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

Siebert
Elementary
Lunch

**SPECIAL
ANNOUNCEMENTS**

A milk variety and water is available with each meal.
* This Institution is an equal opportunity provider.

M	T	W	TH	F
	1	2	3	4
Enchiladas or Crisпитos Pinto Beans Street Corn Fresh Seasonal Fruit Fruit Crisp 7	Meatball Sub Sandwich Chili Cheese Combo, Tater Tots, Fresh Veggie cup, Mixed Fruit Cups 8	Asian Bowl or Chicken Nuggets and Mac N Cheese Savory Green Beans, a Garden Salad, and Fruity Gelatin 9	No Classes 10	No Classes 11
Steak fingers with gravy Philly Cheese steak sandwich Mashed potatoes Carrots & Roll Strawberries and bananas 14	Spaghetti with bread stick or Pizza Garden Salad California blend veggies, Fruit cup Vanilla/chocolate Pudding 15	Boneless Chicken Wings Texas chili with cornbread Celery sticks Carrots, Oranges Brownies 16	Chicken Quesadillas Mexican Combo Plate Steamed Corn, Pinto Beans, Fresh Salsa Fruit cup 17	Popcorn Chicken or Sloppy Joe Sandwich Potatoes Smiles Broccoli Cups Peaches 18
Breaded Drumstick or Pizza, Seasoned Corn, Carrot Sticks Fruit Cup Cookie 21	Crispy Tacos, Frito Pie Beans, Fresh Salsa, Fresh Veggie Cups Orange Smiles 22	Ravioli or Chicken Nuggets Tuscan Vegetables Mashed Potatoes Garden Salad & Roll Pears 23	Domino's Pizza or Hamburger/ Cheeseburger Oven Fries, Carrot sticks, Snowball Salad 24	Pulled Pork Sliders Chicken Parmesan with Breadstick Garden Salad Savory Green Beans Chilled Pineapple 25
Oven Roasted Chicken & Roll Corn Dog Fresh Broccoli Baked Beans Apple-Pineapple D'Lite 28	Meat & Cheese Nachos Grande or Soup Of The Day, Refried Beans, Salsa, Tiny Tomato Cups, Cucumber Slices, Peaches, and a Lime Sherbet Cup 29	Chicken Sandwich with Oven Fries, X-Treme Burrito Corn, Fresh Veggie Cups, Mandarin Oranges 30	Asian Bowl with Egg Roll or Hamburger Steak with Biscuit, & Roasted Potatoes, Steamed Broccoli and Fruity Gelatin 31	



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
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ORANGE STAR

Orange



Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how. Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

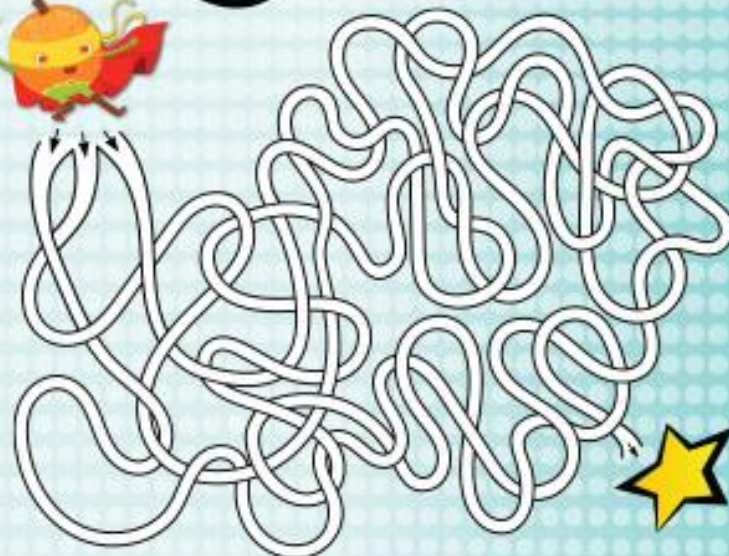


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3