

Two fruit options and milk are offered daily at lunch.
Menu is subject to change.
This institution is an equal opportunity

OCTOBER 2019

Columbia County High Schools

Breakfast Choices
Hot Entrée, Cereal,
Cereal Bar or Poptart
Grits or Oatmeal
Fruit and Fruit Juice
Milk

Monday

Tuesday

Wednesday

Thursday

Friday

Classic Pancakes **1**

Boneless Wings w/Garlic Breadstick
Flavorful Fish Tacos
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Warm Waffle Fries
Classic Cole Slaw

Scrambled Eggs w/Toast **2**

Mini Corn Dogs
Hot Italian Sub
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Crispy Crinkle Cut Fries
Steamed Broccoli Florets

Golden Waffle **3**

Mouthwatering Meatball Sub
Orange Chicken w/Rice & Donut Hole
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Steamed Carrots
Oriental Blend Vegetables

Scrambled Eggs w/Sausage & Toast **4**

Fresh-Baked Fish Sandwich
Chicken & Cheese Burrito w/Chips
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Garden Fresh Salad
Cheesy Bean Dip

Sizzling Steak Biscuit **7**

Chicken Nuggets w/Garlic Breadstick
Crispy Corn Dog
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Creamy Mashed Potatoes
Baby Carrots w/Dip

Smoothie w/Donut Hole **8**

Boneless Wings w/Garlic Breadstick
Tasty Soft Taco w/Chips
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Seasoned Green Beans
Cheesy Bean Dip

Scrambled Eggs w/Toast **9**

Classic Cheeseburger
Popcorn Chicken w/Roll
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Crispy Crinkle Cut Fries
Steamed Broccoli

Fresh Baked Cinnamon Roll **10**

Crispy Chicken Tenders w/Dutch Waffle
Firecracker Chicken w/Rice & Donut Hole
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Warm Waffle Fries
Tender Green Peas

Mini Flapsticks **11**

Barbecued Chicken w/Roll
Steak Nuggets w/Roll
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Garden Fresh Salad
Sweet Potato Tots

School Holiday **14**

Teacher Professional Learning Day **15**

Scrambled Eggs w/Toast **16**

Juicy Hamburger
Sizzling Sausage Dog
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Crispy Crinkle Cut Fries
Home-Style Baked Beans

Flavorful Flapstick **17**

Chicken Alfredo w/Garlic Breadstick
Sweet Teriyaki Chicken w/Roll
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Steamed Broccoli Florets
California Blend Vegetables

French-Toast Sticks **18**

Teriyaki Beef Dippers w/Roll
Signature Chicken Nachos
Spicy Chicken Sandwich
Garden Fresh Salad
Baby Carrots w/Dip

Chicken Biscuit **21**

Popcorn Chicken w/Roll
Chicken Tetrazzini w/Garlic Breadstick
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Baby Carrots w/Dip
Crisp Potato Wedges

Classic Pancakes **22**

Boneless Wings w/Garlic Breadstick
Flavorful Fish Tacos
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Warm Waffle Fries
Classic Cole Slaw

Scrambled Eggs w/Toast **23**

Mini Corn Dogs
Hot Italian Sub
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Crispy Crinkle Cut Fries
Steamed Broccoli Florets

Golden Waffle **24**

Mouthwatering Meatball Sub
Orange Chicken w/Rice & Donut Hole
Deluxe Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Steamed Carrots
Oriental Blend Vegetables

Scrambled Eggs w/Sausage & Toast **25**

Fresh-Baked Fish Sandwich
Chicken & Cheese Burrito w/Chips
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Garden Fresh Salad
Cheesy Bean Dip

Sizzling Steak Biscuit **28**

Chicken Nuggets w/Garlic Breadstick
Crispy Corn Dog
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Creamy Mashed Potatoes
Baby Carrots w/Dip

Smoothie w/Donut Hole **29**

Boneless Wings w/Garlic Breadstick
Walking Tacos
Deluxe Chicken Sandwich
Pizza, Uncrustable, Cobb Salad
Seasoned Green Beans
Cheesy Bean Dip

Scrambled Eggs w/Toast **30**

Classic Cheeseburger
Popcorn Chicken w/Roll
Spicy Chicken Sandwich
Pizza, Uncrustable, Chef Salad
Crispy Crinkle Cut Fries
Steamed Broccoli

Fresh Baked Cinnamon Roll **31**

Crispy Chicken Tenders w/Dutch Waffle
Firecracker Chicken w/Rice & Donut Hole
Deluxe Chicken Sandwich
Pizza, Uncrustable, Southwestern Salad
Warm Waffle Fries
Tender Green Peas

Lunch Price
Student Full Price \$2.50
Reduced Price \$2.00
Adult Price \$3.00
Jumbo \$1.75
Extra Milk \$0.50

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National School Lunch Week Oct. 16-18th

Special Features:
Breakfast Bowl and Walking Tacos