

“One Day without Shoes” Participant Waiver

Each year, St. Pius X-St. Matthias Academy students, faculty, staff and community members are invited to participate in “One Day Without Shoes” to raise awareness about children’s health and education in 3rd world countries where shoes are needed to attend school and prevent disease, but not always available due to the impoverished circumstances in these countries. Since 2014, PMA has participated in this program and encourages participants to post photos on social media with the hashtag #onedaywithoutshoes to promote awareness. More information can be found at <https://www.daysoftheyear.com/days/one-day-without-shoes-day/>

On Friday May 10, 2019 students are encouraged to attend classes and school activities in **bare feet** to raise global awareness for this cause and experience what it’s like for millions of children worldwide who spend every day without shoes. **Students who participate are required to come to school wearing the required uniform footwear and may remove their shoes and socks when they arrive at their lockers before classes begin and must follow the requirement of being barefoot to be in solidarity with the cause and not use the event as an opportunity to wear sandals or flip flops.** The PMA Parent/Student handbook states that socks and shoes must be worn on campus (**VII. Section C. Dress Code #6 SHOES/SOCKS, Parent Student Handbook**).

However, to support this cause the school will waive this regulation for this day only. Students who choose to participate in this one-day event are required to complete the following and include the signature of one parent/guardian. **This form is due no later than Friday May 10th with a \$2 minimum donation before classes. Students without a signed permission form will not be permitted to participate. All donations will be donated to “Wells for Life” to help build a water well in Uganda.** Students will be issued a colored wristband that morning to wear around their ankle to let teachers know they are participants in this event.

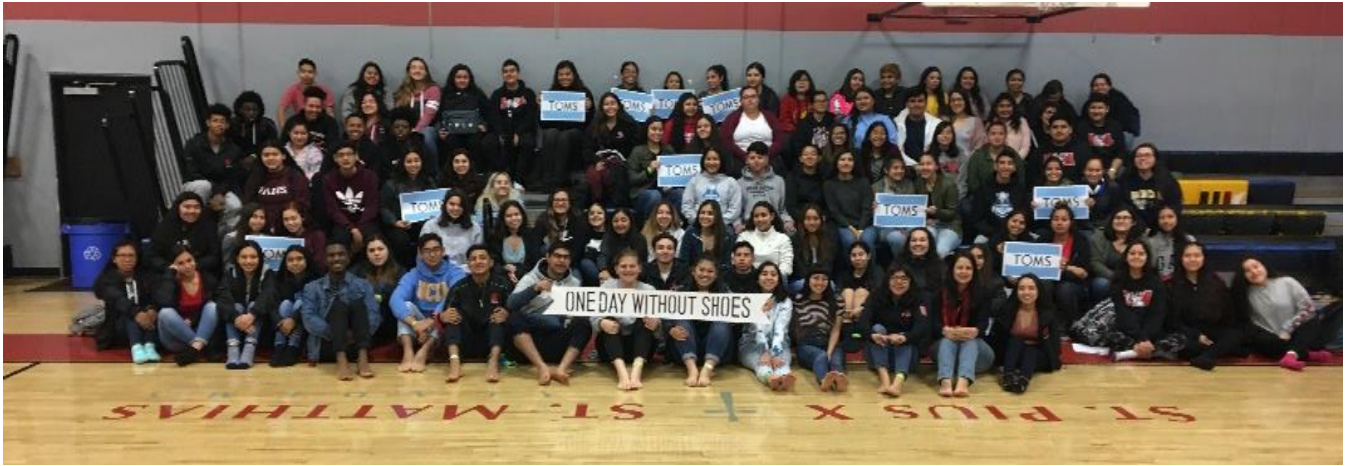
As the parent/guardian of _____ (name of student), I understand that the “One Day Without Shoes” event is reserved for **Friday May 10, 2019**. I grant permission for my son/daughter to participate and attend classes and school activities in **bare feet** (no shoes/no socks) on this day to raise awareness of the lack of footwear for children worldwide. I understand and acknowledge that participation in this event is entirely voluntary and my son/daughter may discontinue participation at any time during the school day. My son/daughter and I understand and acknowledge that there are minor inherent risks of being barefoot including foot and toe discomfort and possible pain or soreness during in-school activities. **We understand and acknowledge that PE classes, science labs, and afterschool athletic participation may require appropriate footwear to be worn and therefore appropriate uniform footwear must be available in the student’s locker during the day for emergency purposes.**

As a condition of being allowed to do so, I hereby, release and discharge St. Pius X-St. Matthias Academy from any and all claims for personal injuries that my son/daughter may suffer as a result of participation in the “One Day Without Shoes” event, whether or not such injuries or damage are caused by the negligence (active or passive) of the school or its employees.

() [check here for photo/video permission] I hereby authorize the making of photographs & video, utilizing my child(ren) for promotional purposes and their participation in this event.

Student Signature: _____ Grade: _____

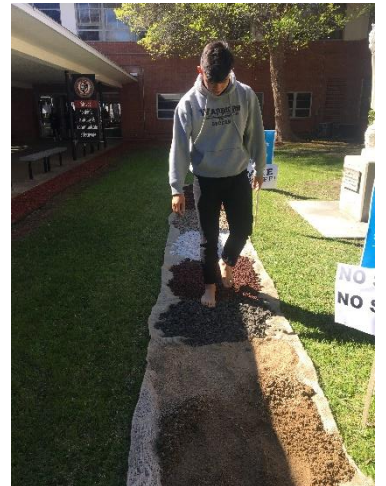
Parent Signature: _____ Date: _____



Shoes for Health

Podoconiosis affects over 4 million people in at least 15 different countries

SOURCE: WHO



Shoes for Education

Providing children with school uniforms — which often include shoes — can increase school attendance by 62%.

SOURCE: UNICEF, 2008

