



## *Health Services Thrall ISD*

To: TISD Board of Trustees

From: Lynn Crabb, BSN RN, SHAC Liaison

Re: Annual Board Report: School Health Advisory Committee (SHAC) and Nutrition Team

**Authority:** Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Thrall Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal), EHAA (legal),

**Purpose:** The SHAC is an advisory body, and shall serve to review, provide guidance, and make recommendations regarding health and safety issues within the Thrall School District to the Board of Trustees. The SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes; through a coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness. To provide the Board of Trustees an annual report each year. SHAC will also serve as the nutrition team as it is stated in the Wellness Policy of 2004 and in the SHAC and Nutrition Team Policy and Bylaws of 2016 : Article VIII: Nutrition Team.

**Responsibility:** Policy BDF {legal} requires that the board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the district who are not employed by the district. The SHAC shall meet at least four times each year.

**Meetings held:** September 18, 2017, October 30, 2017, November 7, 2016, December 10, 2017, February 26, 2018 and March 26, 2018.

**Members 2017/2018:** Tommy Hooker, Lynn Crabb, Karl Bielfeldt, Jill Horn, Nancy Hollowell, Sarah Stribling, Misty Zieschang, Lori Ashton, Erica Bodiford, Sebastin Bodiford, Blythe Cavender, Carrie O'Connor, Brantley O'Connor, D.J. Jirasek, Kara Moellenberg, Mia Moellenberg, Heather Watson, Stephanie Woelfel, Madalynn Woelfel

### **Accomplishments, Activities and Goals:**

- Currently making sure SHAC was in compliance with Texas Department of Agriculture, food and nutrition changes.
- Currently looking in to funding in order to implement **Stop the Bleed** at TISD.
- Currently reviewing the sex education curriculum, Wellness & Sexual Health, that is taught in the Middle School.



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- Recommend that TISD High School continue to utilize the Parenting and Paternity Awareness curriculum (P.A.P.A .) by the Texas Attorney General's Child Support Division. This curriculum is required in accordance to HB 2176.
- Reviewed & support the continuation of the current employee Wellness program:
  - TISD had 50 staff members that took advantage of the free Flu shots. Recommend offering flu shots
  - Reviewed Massage Therapy is offered to TISD staff at one dollar per minute by Erica Bodiford.
- Currently reviewing the CSH program at TISD: All Texas schools are required by law to implement a CSH program in grades K-8. Texas Education Code Title 3, Chapter 38, Section 38.013. Coordinated School Health is a systematic approach of advancing student academic performance by promoting, practicing, and coordinating school health education and services for the benefit and well-being of students in establishing healthy behaviors designed to last a lifetime. TMS utilizes CATCH. Currently working with the principal to see the same program can be implemented at Thrall ISD Elementary.
- Recommend and support the continuation of the Tiger Giving Tree. The Wrap-A-Thon held in December was a great success. We were able to assist 27 families with food and gifts with the help the community, local churches and area businesses.
- Currently working on coordinating a bicycle safety program for elementary students and car seat/booster seat check for parents.
- Reviewed **SB 1566** SECTION 14. Subchapter A, Chapter 38, Education Code, is amended by adding Section 38.031 that the school nurse will provide written or electronic notice of lice to the parents in a classroom if a student has lice.
- Encouraged staff and students to wear blue for World Diabetes Day - wear blue Nov 14th. November 14<sup>th</sup> is chosen because this is Fredrick Banting's birthday the doctor who discovered insulin! This day brings awareness to all types of diabetes. Here are some websites to help with awareness:  
<http://www.projectbluenovember.com/get-the-and-411><http://www.testonedrop.org/>
- Encouraged staff & students to wear purple for World Epilepsy Day - **It** is the fourth most common neurological disorder and affects people of all ages. Purple Day is celebrated on March 26 annually to increase understanding, reduce stigma and improve the quality of life for people with epilepsy throughout the United States and around the world.
- Reviewed new laws upcoming regarding scoliosis and vision screenings.
  - The following is from the TxDSHS spinal screening policy: "In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule: Girls will be screened two times, once at age 10 and again at age 12. Boys will be screened one time at age 13. **Children enrolled in a facility who meet the above age requirements after September 1 of that school year are exempt from screening until the following September. Recommend using Information from school sport physicals as documentation of screenings.**
  - In 2017 the Texas Legislature passed, and the Governor signed into law, House Bill 3157. HB 3157 amended the Health and Safety Code by adding subsection b1: The rules must allow an individual who attends a public or private school to be screened using photo screening to detect vision disorders. House Bill 3157 **does not require** that schools use photostcreening technology **nor does it require** that schools



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purchase the equipment. However, it explicitly **allows** schools to use photoscreening technology as **part of the screening process**.

- Reviewed CPR/AED training: AHA offered at the school for TISD staff. Forty staff members were certified before the beginning of school 2017.
- Currently reviewing CPR certification as it applies to HS seniors for the **A-F Accountability Rating System** passed by the 85th Texas Legislature passed House Bill (HB) 22.
- Guest speaker: Cathryn Paton gave an insightful review of what School Based Mental health involves. Recommend and support the continuation of the School Based Mental Health program for our students and staff.

### **Recommendations for 2018/2019 council members:**

Tommy Hooker - Superintendent: non- voting

Lynn Crabb - District RN, SHAC Liaison: non- voting

Lori Ashton - Parent

Erica Bodiford - Parent

Sebastian Bodiford - Student

Emma Burkhart - Student

Susan Burkhart - Technology Director

Caresse Fralicker - Teacher

Christina Hernandez - Parent

Nancy Hollowell - Cafeteria Manager

Stacy Mikulencak – Teacher

Kara Moellenberg - Parent

Mia Moellenberg - Student

Erin Schmidt - Parent

Brantley O'Connor - Student

Carrie O'Connor - Parent

Stephanie Woelfel - Parent

Logan Woelfel - Student

Misty Zieschang - Elementary Teacher

Patrick Zieschang - Student

Respectfully submitted,

Lynn Crabb, BSN RN

6/6/18