

# THE FUTURE IS NOW:

## *Strengthening Families Together*

**A workshop for parents AND kids!**



**Workshop Leader: Dr. Greg Allen, LMFT, Director of Freedom4U**

### **ALL PARENTS**

are welcome!  
Mothers & Fathers!  
Kids: 10-16 years old

### **NOVEMBER 8TH**

Joslyn Community  
Center

### **7:00 - 8:30 PM**

Come on time!

### **DIRECTIONS:**

1601 N. Valley Dr, Manhattan Beach, CA. 90266

### **WORKSHOP PURPOSE:**

Strengthen Parent-Child Relationship Skills  
Increase Positive Activities Together  
Prevent Common Mistakes & Problems from Risky Choices  
Improve Communication & Manage Family Stress Well  
Maintain Family Unity

**RSVP required (no cost to attend): [admin@freedomcommunity.com](mailto:admin@freedomcommunity.com) or Call: 800-501-9801**



### **Sponsored by**

Freedom4U & Dr. Gregory Allen, LMFT,  
Family Counseling, Inc.



[www.freedomcommunity.com](http://www.freedomcommunity.com) & [www.drgregallen.com](http://www.drgregallen.com)

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