



# Calvary Chapel Girls Spring Volleyball

## Dates:

5/29 - 5/31  
& 6/4-6/7  
4:30pm-6pm

## Cost:

\$100  
7 days

## Grades:

9<sup>th</sup>-12<sup>th</sup>  
(Current)

Calvary Chapel will be hosting a spring camp for current high school players. Players will receive reinforcement of fundamentals based around the five main areas of volleyball & exercise routines;

20 minutes of exercise

70 minutes of 5 fundamentals of volleyball

In addition you will be introduced into to many of our core practices, techniques, and fundamental development based around USA Volleyball that we will be performing during our up coming season.

To register or for more information:

Joshua Hill – 714-369-0317

coachjoshuahill@gmail.com

Calvary Chapel Gym – 3800 S. Fairview, Santa Ana, 92704

