

2018/2019 Extracurricular Arts and Activities

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Name of Activity:

ASB

Faculty Adviser:

Lisa Claypoole: LClaypoole@mbusd.org

Pre-requisites:

All ASB students must be either elected or appointed to office.

Application:

ASB is a student government organization composed of positions both elected by the student body and appointed through an interview process. Students are responsible for carrying out the duties of their specific positions, as well as participating in the planning of all ASB activities. This class emphasizes the development of student leadership through personal goals; interacting with peers, teachers, administrators, and community members/organizations; and successfully working as a team with other ASB members.

Applications and Elections for the upcoming year are held in the spring of the year prior as well as in the fall

For application information, contact lclaypoole@mbusd.org

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Name of Activity:

Broadcast Journalism

Faculty Adviser:

Michael Hernandez: mhernandez@mbusd.org

Pre-requisites:

None.

Application:

Yes. Applications accepted beginning late February.

Freshmen may apply to enroll in Broadcast Journalism 1, an elite, year-long elective where students learn to produce multimedia and online journalism. Students work collaboratively using video, sound, editing and writing skills to create work that will be seen by the entire community, and prepare them to become members of the nationally award-winning Mustang Morning News newscast. This is the first in a series of four broadcast journalism courses. This class satisfies the UC/CSU Visual Art requirement.

Booster Contact Information

Susan Douglas (susandouglas@roadrunner.com)

For application information, visit www.mustangmorningnews.com

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Name of Activity:

Cinematic Arts

Faculty Adviser:

Michael Hernandez: mhernandez@mbusd.org

Pre-requisites:

None.

Application:

None.

Freshmen may enroll in Cinematic Arts 1, an elite, year-long elective where students learn film production and criticism skills. In this award-winning class, students will learn the fundamentals of filmmaking including cinematography, editing, sound design, screen-writing and directing through numerous projects like music videos, PSAs and short films. The purpose of the class is to help students develop a personal voice and communicate this clearly to an audience. This is the first of four courses in Cinematic Arts.

Booster Contact Information

Susan Douglas (susandouglas@roadrunner.com)

For application information, visit www.mcmediaarts.org

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Name of Activity:

Concert Band Ensembles

Ensembles:

We have Concert Ensemble, Symphonic Band, Wind Ensemble and Wind Symphony (most advanced musicians) and Jazz Band 1 and 2.

Audition Process:

Auditions are in May and June. MBMS students scheduling coordinated by Denise Haslop. Hermosa, Redondo and all other new students contact Mr. Carlson to schedule an assessment.

Prior experience?

No prior experience needed

Season Start Date-End Date: Classes meet all year

Band Director:

Joel Carlson (jcarlson@mbusd.org)

Website:

www.miracostabands.com

Summer Obligation:

Jazz Band 1 performs annually at Manhattan Beach Concerts in the Park

Other Seasonal Obligations:

Concert Ensemble Festivals, Yes; Wind Ensemble Field Trip, No

Booster Contact Information:

Aeran Koch (aerankoch@msn.com)

Additional Information:

All band members are Varsity members. All members perform at Field Competitions, Football Games and Parades

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Name of Sport:

Colorguard/Winterguard (Girls/Boys)

Team:	Colorguard/Winterguard consists of Freshmen-Seniors
Cut or no cut:	No cut
Timing of tryouts:	There are no try-outs, but spring clinics begin in May.
Prior experience:	No prior experience necessary
Season Start Date-End Date:	Starts in June with practices once a week. Fall season begins in early August and ends in November. Winter season begins in December and ends at the end of April.
Off-Season Workouts:	During the off season, the team practices once a week.
Varsity Head Coach:	Richard Hernandez-Head Coach
Website:	www.miracostabands.com
Summer Obligation:	Students receive PE credit during the school year. Mandatory camp from noon to 8 pm two weeks prior to school starting; 1 practice per week in June and July (absence due to vacation excused).
Other Seasonal Obligations:	Practices are mandatory if students are in town during winter, mid-winter, and spring break. Coaches try to ensure there is time off during school breaks, however, some Winterguard competitions take place during mid-winter and spring breaks, and practice may be required. Schedule is put out several months in advance for vacation planning purposes.
Booster Contact Information:	Alicia Solis (pinkalicia2@gmail.com)
Additional Information:	Colorguard is a part of the Marching Band during the Fall and all members perform at Field Competitions, Football Games and Parades with the Band. Winterguard performs indoors at Regional Competitions independently of the Band.

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Name of Sport:

Cheer

Teams:

Varsity, JV, Frosh/Soph

Cut or no cut:

Cut

Timing of tryouts:

We are still confirming the dates, however, they are typically in mid-April. We will also be hosting a Tryout Meeting in early April followed by a Tryout Clinic, for those interested.

Prior experience:

Prior experience is not necessary. We welcome everyone to tryout.

Season Start Date-End Date:

Cheer performs throughout the school year starting with football in the fall.

Varsity Head Coach:

Coach Travis Neese – travis@costacheer.com

Website:

<http://www.costacheer.com/>

Summer Obligation:

We do attend summer camp, and hold summer practice in July, prior to camp.

Booster Contact Information

Kari Carpino (kari.carpino@allenallenusa.com)

Angela Bennett (angelahbennett@yahoo.com)

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Name of Activity:

Mira Costa Choirs

Ensembles:

There are four Choirs: Concert Choir (all girls, no audition necessary); Men's Choir (all boys, no audition necessary); Advanced Women's Chorale (all girls, audition only); Vocal Ensemble (mixed choir, audition only). There are also two extra-curricular, student directed a cappella octets: Muscle (men's a cappella octet) and Coterie (women's a cappella octet), which are selected by audition at the beginning of the school year.

Audition Process:

Open to all students. Every student who signs up will be placed in a choir.

Timing of Auditions:

Students should select Choir as an elective during the school registration process. The choir director will then hold auditions near the end of the school year. All students registering for choir will schedule an audition. Students will be notified at the end of the school year of their placement into a particular choir.

Prior experience:

No prior experience is necessary, although placement into a particular choir is based on performance during the audition process.

Season:

Choir is a year-long class, with numerous co-curricular performances and other activities taking place throughout the school year.

Choir Director:

Michael Hayden (mhayden@manhattan.k12.ca.us)

Co-Director/Accompanist Mark McCormick (mmccormick@manhattan.k12.ca.us)

Website:

www.miracostachoirs.org

Summer Obligation:

No summer rehearsals currently anticipated.

Other Seasonal Obligations:

The winter concert (in December) and Spring Concert (in June), along with two dress rehearsals for each concert, are mandatory for all choirs. Other mandatory performances/rehearsals are scheduled for each choir throughout the school year. Students in the two advanced choirs are also required to attend a retreat near the beginning of the school year. A calendar of important events is distributed at the beginning of the school year (if not sooner), and any changes/additions to the schedule are announced as soon as practicable.

Booster Contact Information

See Website: <http://miracostachoirs.org/contact-us>
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Name of Activity: Cyber Security

Faculty Advisor: Leanne Weaver (lweaver@mbusd.org)

Pre-requisites: None

Prior experience: None

Website:

Other Obligations:

Booster Contact Information: Lauren Blair (laurenkblair@hotmail.com)

Additional information: Cyber Patriot is a National Youth Cyber Defense program that works to educate and inspire youth about Cyber Security. The Costa Cyber Security Club participates in this program and related competitions. During the off-season, club participants aim to educate and promote Cyber Security and technology. The Club became a school-connected organization in 2017 and is a student-run organization that receives training and guidance from advisors and mentors.

Today, and in the future, demand for Cyber Security skills is increasing as attacks on governments, citizens and businesses proliferate in our hyper-connected world.

Throughout the 2016 competition year, Mira Costa had eight teams, comprised of 5-6 members each. They competed in the Open Service Division with one team in the Platinum Tier, two teams in the Gold Tier, and four teams in the Silver Tier. One Silver Team competed at the final Regionals round.

In 2017, club participants are fired-up and ready to fight for strong, competitive positioning in nationals in Washington, DC!

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Name of Sport:

Dance

Teams:

Dance team consists of Freshmen-Seniors.

Cut or no cut:

Cut

Timing of tryouts:

The audition process consists of a two-day clinic, with one final audition. After the final audition day, participants will be notified via email if they have made the team or not. There is only one audition per year.

Prior experience:

Prospective members shall be selected on the basis of dance ability, technique, rhythm and coordination, precision and memory, poise/personal presentation and showmanship. Dance technique background is a must.

Season Start Date-End Date:

Dance Team is a year-round sport. It starts in September and ends in late April/early May.

Varsity Head Coach:

Victoria Brown – vbrown@mbusd.org

Website:

www.mchsdanceteam.com

Summer Obligation:

Summer practices are mandatory, they start in July and end mid-August. Dance team also attends dance camp early August. During summer practices, team members will learn material for the year including sidelines, halftime and even some competition material. Participants will receive PE credit. It is recommended that vacations should be taken in June and or late August.

Booster Contact Information:

Cindy Middler (cmiddler@me.com)

Additional Information:

The primary purpose of the MCHS Dance Team is to provide support and entertainment to athletic programs at Mira Costa High as well as compete and develop strong performance and dance technique. MCHS Dance Team acts as a performance based team representing Mira Costa High School. We perform at school athletic events, local regional and national competitions and community events. These events are mandatory. The MCHS Dance Team takes pride in its role as ambassadors of MCHS and the Manhattan Beach community. Like any athletic team, we strive to be strong, competitive, versatile dancers and performers. MCHS Dance Team works towards the common goal "To be the best dancers we can be through hard work, dedication and team work. We strive to continue a tradition of excellence." [Back To Top](#)

Name of Activity:

Drama

Levels:

There are three Drama 1 classes, one Drama 2 class, one Advanced Drama class, one Technical Theater class, one Advanced Technical Theater class. Both the Fall play and the Spring Musical are extra-curricular and rehearse after school.

Audition Requirement:

Only the Advanced Drama class has an audition requirement. For both the main stage shows, auditions are required. The Fall play audition is in September and the Spring Musical audition is in January.

Prior experience:

To be cast in a show, experience is always helpful but is not required.

Season:

Fall show rehearsals: Mid-September until show in November;
Spring Show rehearsals: Mid-January until show in April. A rehearsal schedule is provided with the Audition Packet.

Faculty Advisor:

Drama and Technical Theater Teacher: CARY JORDAHL
(cjordahl@mbusd.org)

Website:

WWW.MIRACOSTADRAMABOOSTERS.ORG

Booster Contact Information:

Sarah Geller – President – sarahgellermb@me.com

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Name of Activity:

La Vista

Faculty Advisor:

Keely Gabbert (kgabbert@mbusd.org)

Pre-requisites:

Students must have taken an 8th Grade journalism class (i.e. Riptide Reader), the summer Journalism class or Journalism 101 before enrolling in LaVista. There are exceptions so please contact Michael McAvin, the LaVista administrator prior to enrolling to see where you might belong.

Prior experience:

Having some aspect of writing experience is suggested but not necessary.

Website:

www.lavistamchs.com

Other Obligations:

Production nights -- Editorial staff is required to participate in production. Production takes place on the Monday, Tuesday and Wednesday nights prior to the paper street date that Friday. They are working on the paper, at school after hours.

Booster Contact Information:

Caroline Tsuang (ctsuang@yahoo.com)

Additional information:

La Vista is an award winning publication. For the past several years, it has been awarded the Columbia Scholastic Press Association Gold Standard award

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Name of Activity:

Marching Band (Fall Only)

Cut or no cut?

No cut

Audition Process:

Assessments held in May/June.
MBMS students scheduling coordinated by Denise Haslop. Hermosa, Redondo and all other new students contact Mr. Carlson to schedule an assessment. All Marching Band students are required to be in a concert ensemble class: Wind Symphony, Wind Ensemble, Symphonic Band or Jazz Band 1.

Prior experience?

No prior experience needed

Season Start Date-End Date:

August through November

Off-Season Practices:

Incoming Freshman Practices: April-June

Band Director:

Joel Carlson (jcarlson@mbusd.org)

Website:

www.miracostabands.com

Summer Obligation:

Mandatory camp from noon to 8 pm two weeks prior to school; 1 evening practice/week in June and July (absence due to vacation excused)

Other Seasonal Obligations:

N/A

Booster Contact Information:

Aeran Koch (aerankoch@msn.com)

Additional Information:

All band members are Varsity members. All members perform at Field Competitions, Southern California Championships, Football Games, Disneyland and Parades. Each year, 70-80% of our members receive the Scholar Athlete Award.

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Name of Activity:

Model United Nations

Introduction:

Freshmen interested in Model UN should sign-up to take the Introduction to Model UN class. It is a one semester class that is usually taken in conjunction with Health. This class, as well as Advanced MUN, is considered an elective.

Timing of Tryouts:

Tryouts are held in early May. Participants are notified within a few days

Prior Experience:

Nearly all who try out for the Advanced Team have taken the Intro To MUN class as a freshman. It would very difficult to learn the ins and outs of the program and gain the necessary experiences without taking this class

Season:

MUN is a year-round activity. Conferences are usually held on weekends throughout the year. Local conferences are open to all participants. In is not mandatory to attend all conferences. Travel conferences are mainly in the spring. They can require missing several days of school. Travel conferences are by invitation.

Faculty Advisor:

Wayne Knutson (wknutson@mbusd.org)

Website:

www.miracostamun.org

Booster Contact Information:

Karen Householter (karenhouseholter@mac.com)

Additional information:

MUN, is an educational simulation and academic competition in which students learn about diplomacy, international relations, and the United Nations. MUN involves and teaches research, public speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership abilities.

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Name of Activity:

Orchestra

Ensembles:

Philharmonic, Symphony, Chamber Orchestras

Audition Process

All welcome. However Philharmonic, Symphony, and Chamber Orchestras require an audition.

Timing of Auditions:

Auditions are in May for district students. Summer auditions can be arranged on an individual basis for out-of-district students. Audition results are announced before the end of the school year.

Prior Experience:

Prior experience is not required but most kids have played their instruments for at least a year or two before starting high school. The majority of district students began studying a musical instrument in elementary school.

Summer Obligation:

None. Students are encouraged to keep up their practicing during the summer.

Director:

Peter Park ppark@mbusd.org

Website:

www.mchsorchestra.com

Other Seasonal Obligations:

There are 3-4 concerts per year and a music festival concert. Concerts are on school days in the evening. The festival is during the school day. Participation is mandatory, so vacations should be planned around them.

Booster Contact Information:

Beth Nicosia (bethnicosia1@yahoo.com)

Additional Information:

There are four performing groups:
Philharmonic Orchestra - intermediate-advanced audition required
Symphony Orchestra - advanced audition required
Chamber Orchestra - very select group, by invitation only, meets after school

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Name of Activity:

Yearbook

Application Process:

Applications due by March 30. Application should include a portfolio. Application and portfolio must be submitted to my mailbox on campus or to room 102. Applications can be found in room 102, the front admin office, and on our website under the Staff tab.

Applicant will interview with adviser and current editorial board after school and will be contacted if application is chosen.

Prior Experience:

No prior experience needed, though a portfolio is required with sample photos, design inspiration, sample writings/essay, or any other evidence of skillset.

Assignment:

Chosen applicants will be assigned as a staff photographer, writer, or designer. First choice is usually accommodated though exceptions are made based on staff needs.

After School Obligation:

There is an after school **requirement** on some days to meet publication deadlines. Will be announced ahead of time.

Coach/Advisor:

Lindsey Valbuena (lvalbuena@mbusd.org) or submit questions to miracostayearbook@gmail.com

Website:

www.mchshoofprints.weebly.com

Summer Obligation:

New staff members are strongly encouraged to attend the Summer Workshop hosted by our publisher, Walsworth Co. It's held at Chapman University and is usually in July.

Other Seasonal Obligation:

May have the opportunity to travel to the National High School Journalism Convention (typically out of state). Cost and dates TBD

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