



Poth ISD School Health Advisory Council

SHAC

October 30, 2018 @ 0830

Agenda:

Call the meeting to order @ 0836, 8 people in attendance

- Welcome
 - SHAC Guide provided for review
- Committee member overview
 - Reviewed list of board appointed SHAC members
 - Discussed nomination for parent co-chair and voting at next meeting
 - Denver Kopecki accepted position, will vote on November 13th
- Wellness Plan
 - Copy of 2017-2018 wellness plan provided for review
 - Discussed monthly cafeteria and health message for website and via remind
 - Discussed education session with students on the importance of eating fruit and vegetables per wellness plan
- Future Items
 - Blood Drive
 - November 27th
 - Blood bank wanting StuCo to run blood drives and getting awareness
 - Discuss blood drive w/ Mrs. Cooke and Mrs. Dziuk
 - Blood Drive awareness presentation
 - Blood Drive banner for the gym to be seen by students and community members arriving for pep rally
 - Wellness Fair/Fun Run(Family Fun Day)
 - Discussed family fun event to promote wellness through health education and activities
 - Spring time event
 - Themed
 - March 7th from 4-7 possible date and time after administration approval
 - Discuss location with administration
 - Honor society involvement for community service hours
 - Health booths (Medical, dental, mental health, etc...)
 - Games and activities for families (Zumba, Yoga, Ballet, Karate, HEB-buddy, hula hoops, etc...)
 - Can food drive
- Set date and agenda for next meeting
 - Tuesday, November 13, 2018 @ 0845
 - Send out meeting invitation to family members via remind, internet....

Adjournment @ 0925