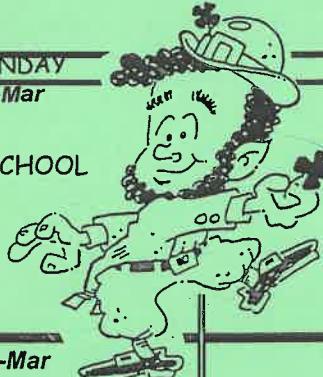




ENOSBURG FALLS/ MIDDLE HIGH SCHOOL  
MARCH 2019

MONDAY 4-Mar	TUESDAY 5-Mar	WEDNESDAY 6-Mar	THURSDAY 7-Mar	FRIDAY 8-Mar
NO SCHOOL	NO SCHOOL	Sausage & cheese on WW bagel, cereal & yogurt, bagel, fruit, juice Deli Bar OR Cheeseburger Bar, French Fries, Broc & Chz, Spinach Salad w/ Maple drsg Choice of 2 fruits	Banana Yogurt Splits, Assorted Bagels, Cereal + Yogurt, juice, fruit Deli Bar + Chicken Breast OR BBQ pork rib on a roll, Rice, Maple Carrots, Cucumbers & dip Choice of 2 fruits	Maple Chip Waffles & Syrup bagel, cereal + yogurt, Fruit, Juice Deli Bar OR Turkey Corn dog, Celery Sticks Baked Beans, Green Beans <b>APPLE CRISP</b> + Fruit
11-Mar Fr toast sticks & syrup, cereal & Trix yogurt, bagel, juice, melon Deli bar OR Chicken Fingers, Potato Wedges. Romaine & toms, Whl gr roll Choice of 2 fruits	12-Mar Whole grain cinnamon roll, bagel, Cereal & yogurt, fruit, juice Deli bar or Pizza OR Scalloped Potatoes & Ham, Peas, Mesclun salad w/ crispy onions Choice of 2 fruits + <b>BROWNIE</b>	13-Mar Sausage & cheese on WW biscuit, cereal & yogurt, bagel, fruit, juice Deli bar OR Goulash, Garlic Stick Broccoli, Tri Color Peppers Choice of 2 fruits	14-Mar Pancake & Sausage Stick, bagel, cereal & Yogurt, juice, applesauce Deli Bar OR TACOS, Cucumbers Baby Carrots, Refried Beans Choice of 2 fruits, <b>CHURROS</b>	15-Mar Whole Grain Donut Bagels, Cereal + Yogurt, juice, fruit Turkey, Ham, Tuna, Egg Salad, OR PB&J Grinder, Sun Chips Veggie Tray Choice of 2 fruits
18-Mar Choc Chip Muffin, bagel, cereal + Yogurt, grapefruit, juice Deli bar OR Pizza OR Waffles, Sausage, Egg Patty, Hash Browns, Corn, Maple Syrup Choice of 2 fruits	19-Mar Oatmeal & Yogurt parfait, Bagel, cereal & Trix yogurt, juice, berries Deli Bar + Ravioli OR Sausage & Pepper Grinder, Fries, Caesar Salad, Brussels Sprouts Choice of 2 fruits	20-Mar Sausage & cheese on WW bagel, cereal & yogurt, bagel, fruit, juice Deli Bar OR Stuffed crust pizza, Potato salad Garden salad Choice of 2 fruits	21-Mar Pastry Cherry Frudel, bagel, cereal &, Yogurt, strawberries, juice Deli Bar OR Pizza OR BBQ pork on a roll, Baked Beans Carrot & celery sticks Choice of 2 fruits	22-Mar Chocolate Chip Breakfast Rounds Bagels, Cereal + Yogurt, juice, fruit Deli Bar OR Cheese Quesadillas Potato Wedges, 3-color peppers Choice of 2 fruits
25-Mar Whole grain Pop Tart, bagel, Cereal & Yogurt, juice, berries Deli bar OR Cheezy Dogs, Mashed Potatoes Zucchini Bake, Cucumbers Choice of 2 fruits	26-Mar Stuffed Bagels, bagel or cereal & yogurt, grapes, juice Pizza bar or deli bar OR Nachos, Rice, Refried Beans Carrot sticks, Spinach salad w/bacon Choice of 2 fruits	27-Mar Sausage & cheese on WW biscuit, cereal & yogurt, bagel, fruit, juice Deli bar OR Lunch Around Pizza, Curly Fries, Green Beans Choice of 2 fruits	28-Mar Fr toast sticks & syrup, cereal & yogurt, bagel, juice, melon Deli Bar OR Meatballs & spaghetti, Broc & Cheese, Caesar Salad, garlic stick Choice of 2 fruits	29-Mar Bacon, Egg, & Cheese on Bagel, Bagels, Cereal + Yogurt, juice, fruit Deli Bar OR "Hornet" Burger, French Fries Cole Slaw, Butternut squash Choice of 2 fruits



Milk served with all meals: fat free choc, 1%, or skim Menu subject to change Chef salad offered daily if ordered by 9 am. Sandwich bar offered daily  
This Institution is an Equal Opportunity Provider



Happy Spring