



# FALL PARENT SERIES

October 11, 18, 25 & November 1

7:00-8:30 PM

at HV Central High School Media Center

The Hopewell Valley Municipal Alliance and High Focus Centers in Lawrenceville are partnering to bring a series of programs designed to provide education about current topics affecting children, adolescents and families. Presented by clinicians expert in their field, you can expect to come away with valuable information and tools you can apply to everyday life.

**FREE to attend. *Space is limited.* Register TODAY!**



## DATES & TOPICS

**OCTOBER 11:**  
UNDERSTANDING YOUR  
CHILD'S GAMING  
HABITS: AN OVERVIEW  
OF VIDEO GAME  
ADDICTION

**OCTOBER 18:**  
GETTING THE KIDS ON  
THE BUS:  
UNDERSTANDING  
SCHOOL ANXIETY AND  
REFUSAL

**OCTOBER 25:**  
KEEPING HEALTHY  
KIDS HEALTHY:  
PREVENTING  
ADDICTION IN THE  
FAMILY

**NOVEMBER 1:**  
SIMPLIFY YOUR  
STRESS: TIPS AND  
TOOLS FOR CARING  
FOR YOURSELF AND  
FAMILY

## TO REGISTER:

Email your name, your  
child's age and workshop  
selections to:  
[hvmunicipalalliance@gmail.com](mailto:hvmunicipalalliance@gmail.com)

For questions contact:  
[lcox@highfocuscenters.com](mailto:lcox@highfocuscenters.com)  
or call 201-410-2991