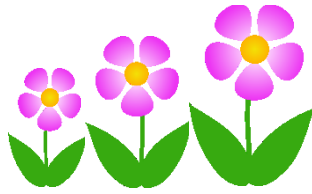


News from the Nurse

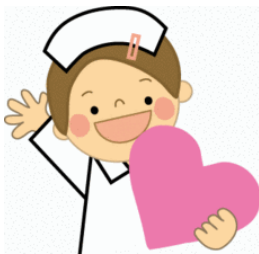


Dear Parents,

Just a few reminders to keep your child healthy during the last few weeks of school.



- **Seasonal Allergies** - flowers/trees have bloomed and are very pretty, but environmental allergies are on the rise and may cause itchy eyes, sneezing, runny noses, coughs and mild coughing at times. Check with your pediatrician if your child is affected.
- **Illnesses** - Please report any illness to the nurse, especially any rashes, fevers and or communicable diseases.
- **Ticks** - The school grounds are treated for ticks during the Spring. Remember to check your child daily and after being outdoors. Helpful info: www.cdc.gov/ticks
- **Water bottles** - Please make sure your child has their own **reusable water bottle** with them at school to remain hydrated as the temperatures warm up.
- **Physical Exams - Reminder: Students in 3rd and 6th grade are required** to have a **current physical exam dated between June 1st 2017 and June 1st 2018**, in accordance with CT statutes and the Trumbull Board of Education's policy on physical health assessments. **Remember to send your child's physical to the nurse, by end of the school day on Friday June 1st, to avoid exclusion from school on Monday, June 4, 2018.**



Nancy Hogan, RN

(203) 377-7041