


**Kapolei Elementary**

**BREAKFAST & LUNCH MENU**

**October-18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>WG PANCAKE w/ Syrup</b> 1  <b>Fresh Strawberrys</b>  <b>100% Apple Juice</b>                      *****  <b>Chicken Patty on WG Bun</b>  <b>Curly Fries</b>  <b>Cantaloupe</b>  <b>Offer: Lettuce Leaf, Tomato Slices</b></p>	<p><b>PLAIN BAGEL</b> 2  <b>PINEAPPLE CHUNKS</b>  <b>100% GRAPE JUICE</b>                      *****  <b>Juicy Teri Cheese Burger</b>  <b>GRAPE JUICE</b>  <b>Offer: Baked Beans, House Salad &amp; Babby Carrots</b></p>	<p><b>EGGLETTE w/TOAST</b> 3  <b>Tropical Pineapple</b>  <b>100% Orange Juice</b>                      *****  <b>Popcorn Chicken and Mash</b>  <b>Apple Wedge</b>  <b>Offer: Fruit Muffin</b>  <b>Offer: Steamed Vegetables</b></p>	<p><b>BF Smoothie, Cinn Toast</b> 4  <b>Apple Wedges</b>  <b>Fresh Strawberry</b>                      *****  <b>Purchased Pepperoni Pizza</b>  <b>FRUIT JUICE ORANGE</b>  <b>Offer: Baked Beans, House Salad</b>  <b>Baby Carrots</b></p>	<p><b>Portuguese Sausage</b> 5  <b>Steamed Rice</b>  <b>Peaches, 100% Grape Juice</b>                      *****  <b>Kalua Pork w/ Cabbage</b>  <b>Steamed Rice</b>  <b>Tropical Pineapple</b>  <b>Offer: Lomi Tomato</b></p>
<p>8  </p>	<p><b>ALTERNATE BREAKFAST</b> 9  <b>SERVED DAILY</b>  <b>CEREAL &amp; TOAST</b>  <b>FRUIT OF THE DAY &amp; JUICE</b>                      *****  <b>NO SCHOOL</b></p>	<p>10                      *****  <b>NO SCHOOL</b></p>	<p>11                      *****  <b>NO SCHOOL</b></p>	<p>12                      *****  <b>NO SCHOOL</b></p>
<p><b>Apple Pastry</b> 15  <b>Orange Wedges</b>  <b>100% Apple Juice</b>                      *****  <b>Popcorn Chicken and Rice</b>  <b>Fruit Slushy</b>  <b>Offer: Baked Beans</b>  <b>Offer: Rainbow Salad</b></p>	<p><b>Breakfast Sliders</b> 16  <b>sliced peaches</b>  <b>100% Orange Juice</b>                      *****  <b>Crispy Nachos w/Beef &amp; Cheese</b>  <b>100% Fruit Juice</b>  <b>Offer: House Salad</b>  <b>Offer: Grape Tomato</b></p>	<p><b>BF Smoothie, Cinn Toast</b> 17  <b>Apple Wedges</b>  <b>Fresh Strawberry</b>                      *****  <b>Chicken Tenders Rice</b>  <b>And Pickled Cabbage</b>  <b>Broccoli and Carrots</b>  <b>Offer: Cantaloupe</b></p>	<p><b>Fried Rice and Eggs</b> 18  <b>Mixed Fruit</b>  <b>, 100% Grape Juice</b>                      *****  <b>CHEESE BURGER</b>  <b>POTATO WEDGE, DICED PEARS</b>  <b>OFFER: RAINBOW SALAD</b>  <b>&amp; FRENCH DRESSING, TOMATO</b></p>	<p><b>Turkey Ham &amp; Cheese</b> 19  <b>on Bun</b>  <b>Pine Chunks &amp; Cranberries</b>                      *****  <b>Purchased Pepperoni Pizza</b>  <b>Sliced Peaches</b>  <b>Offer: Broccoli florets/Baby Carrots</b>  <b>OFFER: COLESLAW</b></p>
<p><b>WG PANCAKE w/ Syrup</b> 22  <b>Fresh Strawberrys</b>  <b>100% Apple Juice</b>                      *****  <b>Popcorn Chicken and Mash</b>  <b>Apple Wedge</b>  <b>Offer: Fruit Muffin</b>  <b>Offer: Steamed Vegetables</b></p>	<p><b>PLAIN BAGEL</b> 23  <b>PINEAPPLE CHUNKS</b>  <b>100% GRAPE JUICE</b>                      *****  <b>Purchased Pepperoni Pizza</b>  <b>FRUIT JUICE ORANGE</b>  <b>Offer: Baked Beans, House Salad</b>  <b>Baby Carrots</b></p>	<p><b>EGGLETTE w/TOAST</b> 24  <b>Tropical Pineapple</b>  <b>100% Orange Juice</b>                      *****  <b>CHICKEN PATTY w/BUN</b>  <b>POTATO WEDGES, PEACHES</b>  <b>OFFER: LEAF LETTUCE</b>  <b>&amp; SLICED TOMATO</b></p>	<p><b>Pizza Bagel</b> 25  <b>Mixed Fruit</b>  <b>Craisins</b>                      *****  <b>Corn Dog</b>  <b>BAKED BEANS &amp; GRAPE JUICE</b>  <b>OFFER: HOUSE SALAD,</b>  <b>&amp; BABY CARROTS</b></p>	<p><b>Portuguese Sausage</b> 26  <b>Steamed Rice</b>  <b>Peaches, 100% Grape Juice</b>                      *****  <b>Kalua Pork w/ Cabbage</b>  <b>Steamed Rice</b>  <b>Tropical Pineapple</b>  <b>Offer: Lomi Tomato</b></p>
<p><b>Pepperoni Pizza Stick</b> 29  <b>Orange Wedges</b>  <b>100% Apple Juice</b>                      *****  <b>Hot Dog WG Bun</b>  <b>Fruit Slushy</b>  <b>Offer: House Salad, Baked Beans</b>  <b>Offer: Shortbread Cookie</b></p>	<p><b>School Made Coffee Cake</b> 30  <b>Turkey Link Sausage</b>  <b>Mixed Fruits, Orange Juice</b>                      *****  <b>BEEF &amp; BREADFRUIT STEW</b>  <b>AND RICE</b>  <b>MIXED FRUIT</b>  <b>Offer: House Salad</b></p>	<p><b>Hot Dog and Steamed Rice</b> 31  <b>Chilled Peaches</b>  <b>100% Grape Juice</b>                      *****  <b>Chicken Tenders Rice</b>  <b>And Pickled Cabbage</b>  <b>Broccoli and Carrots</b>  <b>Offer: Cantaloupe</b></p>	<p><b>Turkey Ham &amp; Cheese</b> 1  <b>on BUN</b>  <b>Pine Chunks, Craisins</b>                      *****  <b>Chili and Cheese</b>  <b>TOTS, APPLE WEDGES</b>  <b>OFFER: HOUSE SALAD</b>  <b>BISCUIT</b></p>	<p><b>BF Smoothie, Cinn Toast</b> 2  <b>Apple</b>  <b>Fresh Strawberry</b>                      *****  <b>ROTISSERIE BAKED CHICKEN</b>  <b>ROLL &amp; WHIPPED POTATO</b>  <b>OFFER: HOUSE SALAD</b>  <b>ORANGE WEDGES</b></p>

"This Institution is an Equal Opportunity Provider"

Menus are subject to change without notice

Meals include 1/2 pint of milk