


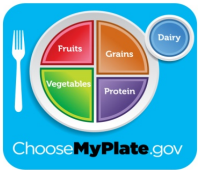


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Tamal with Black Beans (1c) (73)	2 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c)
5 Breaded Chicken Patty Sandwich with Sweet Potato (1c)	6 Beef, Bean & Cheese Burrito with Whole Kernel Corn (1c)	7 Turkey Salad Sandwich with Green Salad (1 1/2c)	8 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c)	9 Orange Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
12 	13 Macaroni & Cheese with Carrot Sticks (1c) & Ranch	14 Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c)	15 Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Basil Corn Salad (3/4c)	16 Chicken Tamal with Green Salad (2c)
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 	23 <i>Thanksgiving Blessings</i> 
26 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Black Beans (1c)	27 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c)	28 Chicken & Waffles with Mashed Potatoes (1c)	29 Turkey & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch	30 Chicken Fettuccine (1c) Alfredo with Green Salad (2c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu // Send Disposable Styrofoam Trays Every Day



“Eat Right, Be Bright!”

