Dear AMS Families,

Welcome to the month of February. Please take a moment and read up on the many positive accomplishments of our students and staff. This Tuesday, February 5 marks the midpoint of the 3rd quarter. If you have not checked your student’s ProgressBook account recently, now is a great time to do so.

Normally in the month of February, we begin guiding students and families through the process of class registration for the upcoming school year. The changes that will be implemented for next year have pushed our timeline back several weeks. Please be on the lookout for registration information coming home with your child towards the end of this month.

Enjoy the February newsletter and thank you for the opportunity to help your child learn and grow.

Sincerely,
Dale Wren
Principal

Did You Know??? - Sangha

As a school, our staff uses many tools to keep parents informed such as e-mail, websites, ProgressBook, etc. Another resource the office and district staff uses is Sangha (which replaced School Messenger this school year). Whenever we need to inform parents about upcoming school events, changes in schedule such as delays or cancellations, or even to notify parents of an absence that has not been called into the office, we utilize Sangha via the Sangah App or e-mail address. It is important that you keep your information current with the office to ensure you are receiving our messages as we send out monthly newsletters this way as well as periodic updates. Contact our Office Staff with questions or to update records.
The Ohio Department of Education has granted the 2018 Overall A Award to the following schools in our district: Ankeney Middle School, Jacob Coy Middle School, Shaw Elementary School, Trebein Elementary School, and Valley Elementary School. The award validates an overall summative grade of A these schools received on their 2018 Ohio School Report Card.

This honor highlights the high academic standards Beavercreek City Schools are known for and maintain. Through classroom leadership, student achievement, and a curriculum that prepares young minds for challenges of tomorrow, our district is fulfilling its promise to inspire, lead, and empower. Ankeney previously received the Momentum Award for the previous two years and we are extremely honored to be awarded this award thanks to the hard work of our staff, students, and parents!

November’s Shine Award recipient is Reid Frick. Reid demonstrates citizenship day in and day out at Ankeney. As a WEB leader, he helps incoming sixth graders and new students feel welcome at Ankeney and experience success throughout the year. He helped out with sixth grade orientation prior to the start of school and continues on a monthly basis to lead activities designed to help sixth graders transition smoothly from elementary to middle school. As a member of Student Council, Reid helps plan and coordinate activities like the Naked Turkey contest and Spirit Week. Reid shows responsibility as he takes his schoolwork seriously and strives to do his best in all his endeavors. Reid is caring towards all with whom he comes in contact. He is one of the first to try and help a struggling student and is accepting of all students in the classroom. He is always looking for ways to help others, students and teachers, and is respectful to peers and adults.

Photos Wanted

If you’ve taken photos at any Ankeney sporting or extracurricular events this fall, and you’re willing to have them in the yearbook, please forward them to Mrs. Nevarez at: Kathryn.Nevarez@beavercreek.k12.oh.us

Upcoming Concerts

The Ankeney Middle School Choirs will be performing their next concert on Monday, February 11. The Ankeney Middle School Concert Bands will be performing their next concert on Wednesday, February 13. All concerts are in the Beavercreek High School Auditorium.

School Fees

Just a reminder that school fee statements are available to view through ProgressBook. Fees can be paid online through EZ Pay www.spsezpay.com/Beavercreek. School fees allow us to provide many of the consumable items students use such as workbooks, science supplies, agendas,

Charger Newsletter
Student Activities

The annual Ankeney Science Fair is fast approaching! Science Fair will be held in the Ankeney new gym during the school day on Wednesday, February 20. Students can work alone or in groups of up to three and are encouraged to begin work on their projects as soon as possible.

Interested students should see their science teacher for an information packet and entry form. Entry forms are due to their science teacher no later than Wednesday, February 13. We look forward to seeing some great projects from our Ankeney students!

February Dates to Remember

- February 11: Choir Concert, 6:30 p.m. @ BHS Auditorium
- February 13: Band Concerts starting @ 6:30 p.m. @ BHS
- February 15: No School - Professional Development Day
- February 18: No School - Presidents’ Day
- February 20: Science Fair
- February 20: Olweus Class Meetings
- February 22: Second Trimester Ends
- February 26: PTO Meeting @ 7:00 p.m.

Important Contacts

Ankeney Absence Line: (937) 429-7567, option 1
Transportation: (937) 429-7531, option 1
Food Service: (937) 429-7531, option 3
Board of Education: (937) 426-1522
Lunch Menu: beavercreek.nutrislice.com/
School Fees: spsezpay.com/Beavercreek/login.aspx
Athletics: gcocreek.org, scroll down to “Athletics”

Scholastic Spring Book Fair

Location: Ankeney IMC
Dates: March 4-8
Students may visit from their FLEX or with their ELA classes.

Outside Recess

With cold weather here, please make sure your child is prepared to go outside at lunch recess. Our general guideline is that students will go outside when the temperature is at least 20 degrees or warmer with wind chill taken into account. Please make sure that your child is dressed appropriately with coats, hats, gloves, etc.

Want to know what’s going on at Ankeney Middle School? Check out our website @ Ankeney.gocreek.org

You can see what the students hear each morning by going to the “Daily Announcements” under the “Parents” tab on the homepage or by going to the calendar. We try to update information by noon daily.
National Junior Honor Society

The National Junior Honor Society (NJHS) at Ankeney Middle School held its annual induction ceremony on November 28! Officers Liza Kurian, Aidan Russell, Becca Jones, Caityn Russell, and Collin Brown conducted the ceremony and did a wonderful job!

NJHS is the nation’s premier organization established to recognize outstanding middle school students. This year we inducted 25 new members:

Charlie Carpenter  JR Costello  Aryan Desarapu  Audrey Fecher
Reagan Florschuetz  Reid Frick  Alyssa Griffiths  Tianna Johnson
Isabella Lacey  Ryan McClure  Katy McKenna  Reese Nelson
Aditya Patnaik  Dimitri Perez  Lucas Perez  Jackson Phillips
Blake Pochet  Courtney Prall  Annika Pujara  Elise Rettig
Madison Rykken  Lucas Seman  Avery Slinker  John Will Sutton
Audrey Welch

More than just an honor roll, NJHS serves to honor those students who have demonstrated excellence in the areas of scholarship, leadership, service, citizenship and character. NJHS looks to further develop these skills in our members and help the local community as well. 7th and 8th grade students who earn and maintain a 3.7 GPA are eligible to apply in the fall.

Awesome Classrooms

Mrs. Huelskamp’s 7th grade science classes have been applying their knowledge of energy and electricity to build wind turbines. Students researched turbine structures, then designed and built prototypes in class. They then tested their prototypes in wind tunnels and measured the electrical output of their turbines. They also had to stick to a budget for purchasing construction materials and calculate the cost efficiency of their designs. We were "blown away" by the students creativity!
Author Visit - Lorie Langdon

Lorie Langdon, author of the Doon series, Gilt Hollow, and Olivia Twist, visited Ankeney last quarter and spoke to seventh-grade Honors ELA students. Ms. Langdon, an Ankeney alum, spoke about the writing and publishing process and told aspiring writers that “good writing is hard!” She said they must be disciplined and receptive to critiques of their writing. In addition, she stressed to students that all writers must revise if they want to produce a piece of quality writing.

In addition, Ms. Langdon conducted a writing workshop for the students on “Descriptive Writing and Believable Emotion.” She spoke about writing immersive description, putting characters into action, showing vs. telling character emotion, and keeping setting present on every page. Students then participated in exercises to practice these skills, shared some of their writings, and received feedback from Ms. Langdon.

Throughout the visit, Ms. Langdon shared her personal experiences with the students and let them know that everyone must overcome challenges and obstacles at some point in their lives. She told them that “everyone has something unique they bring to the world” and said they should not be afraid of failing; the key is to get back up and keep going.

Community Service

Ankeney students have been busy this winter working to UpLIFT their community. Through the English Department’s “Giving Tree” at the book fair, students purchased suckers for a chance at a prize. With the money that was raised, thirty books were purchased to donate to Children’s Hospital. Seventh grade students were treated to a movie before break and were able to purchase snacks to eat during the movie. Students chose to donate the proceeds of $270 to SICSA.
April

23 (Tuesday) - PTO Meeting, 7:00 p.m. in the IMC (Nominations for Board)

May

10 (Friday) - Staff Appreciation Luncheon
11:00 a.m. - 1:00 p.m.

14 (Tuesday) - PTO Meeting, 7:00 p.m. in the IMC (Election Meeting)

23 (Thursday) - 8th Grade Farewell 12:30 p.m. - 2:30 p.m.

Stay tuned for more information on the next PTO dance on
Friday, March 17, from 6:30-8:00 p.m.!
Sleep Hygiene for Teens

Teens typically need about 8-10 hours of sleep per night, but it is common for the average teen to get 7 hours or less per night.

What are some factors that prevent teens from getting enough sleep?

- **Shifting of the biological clock.** After puberty, a teen’s internal clock shifts about 2 hours. For example, if a teen fell asleep by 9 pm before, he/she typically is not tired until after 11 pm. This also means that he/she naturally will want to sleep 2 hours later the following morning.
- **Early school start times.** Most school districts start classes as early as 7 a.m., which means teens have to get up as early as 5 a.m. to get ready and make it to school in a timely manner.
- **Having a busy social life.** Most teens partake in afterschool activities such as clubs, sports, part-time jobs, or household chores, on top of the homework that’s assigned daily and must be completed each evening. Socializing also continues through phone and computer use, which can keep them up even later.

What is affected by not getting enough sleep?

- **Mood.** Not getting enough sleep can cause teens to be irritable and moody all day. Controlling their moods can be an issue, and they can find themselves frustrated or upset more easily.
- **Behavior.** Teens who are not getting enough sleep are more prone to risk-taking behaviors such as drinking alcohol and driving recklessly.
- **Thinking.** Sleep deprivation can result in attention problems, memory problems, lead to bad decision-making, slow down reaction time and stunt creativity. These are all important for academic success.
- **Academic performance.** Teens who are sleep deprived are more likely to do poorly in school, fall asleep during class, have multiple school absences or be consistently tardy.
- **Athletic performance.** Sleep deprived teens are more likely to perform poorly in after-school sports due to slower reaction times.
- **Driving.** Teens are the most prone to fall asleep while behind the wheel. This can be highly dangerous, especially combined with other negative effects such as slower reaction times and being easily distracted.

What can I do?

- **Keep track of sleep patterns and schedules.**
- **Maintain a regular sleep schedule.** Teens should be going to bed and waking up at around the same time every day, including non-school nights. Try to keep the difference in sleep and wake times within one hour.
- **Be consistent on weekends.** Although teens can stay up a little longer, they should not sleep in to catch up on sleep they missed during the week. It will make it harder to get back on track for their regular schedule.
- **Create a sleep-friendly physical environment.**
- **The bedroom should be comfortable, cool, quiet, and dark.** A bedroom that is warmer than 75 degrees can make it harder to fall and stay asleep.
On Wednesday, December 12, Ankeney held the annual National Geographic Bee. In the geography bee, students answer a variety of geography related questions, including state and world capitals, geographic landmarks and cultures.

Congratulations to the following 30 students that competed in the National Geographic Bee. These 30 students qualified by having the top 10 scores from each of their grade level primarily competitions.

Max Albrecht
Jimmy Carpenter
Charlie Coles
Julianne Corcoran
Tyler Ellinwood
Reid Frick
Alyssa Griffiths
Liam Howley
Logan Johnston
Rebecca Jones
Zain Khan
Diogo Matos
Ryan McClure
William McCombs
Aditya Patnaik
Dimitri Perez
Lucas Perez
Elayne Prahl
Erika Reeve
Addison Rodabaugh
Dylan Ross
Keagan Ross
Aidan Russell
Lucas Seman
Elizabeth Snow
Will Sutton
Taylor Syphus
Klayton Warner
Kasen Watz
Deven Wells
Brady Zollars

Congratulations especially to our runner-up, Brady Zollars, and to our winner, Aditya Patnaik.

Here are some additional important tips:

Try to:

- **Incorporate exercise into your daily routine.** It may help you fall asleep more easily and sleep more deeply.
- **Take a break and go outside for some time every day, especially in the morning.** Getting sun exposure helps your body keep its internal clock on track.
- **Eat meals regularly, and avoid going to bed on an empty stomach.** However, do not eat a full meal an hour before bed, and try to opt for a light snack instead.
CREEK SAFE
A New Level of Security for Our Kids

Who are we? Creek Safe, Inc. is a non-profit 501(c)3 organization raising money to provide barricade/intruder door locks for every classroom door in every Beavercreek City School.

Why this cause? After attending the Beavercreek City Schools safety meeting in April 2018, a small group of parents decided something needed to be done to help the district further secure our schools. These barricade locks had already been approved by Beavercreek City Schools and were in place in some schools. We are simply providing funding to fully outfit each school with a lock on every classroom door.

Information about the Anchorman Locks: These locks were chosen by Beavercreek City Schools, not Creek Safe, Inc. They are already on some double doors that are harder to lock and special needs classrooms where exiting in a hurry might not be possible. The biggest advantage to these locks is they can be unlocked from the outside by first responders; meaning if plans change a first responder can let the kids out so they can exit the building. Other advantages of these locks: they don’t require fine motor skills or electronics, they can be unlocked from the inside if necessary, and they are approved by fire and building codes. More information and videos can be seen at www.Anchormaninc.com.

How much do we still need? The total cost of all 380 locks and installation for our phase 2 (Ankeney MS, Coy MS, Ferguson Hall and Beavercreek HS) is approximately $70,000. That covers 4,229 students and works out to less than $20.00 per student. Since we are a 501 (c)3 organization your donation is tax deductible.

How much progress has been made to date? As of November 2018, fundraising has totaled over $50,000 from events, corporate sponsors and individual donations. Creek Safe, Inc has purchased 319 Anchorman locks for every classroom door in the six Beavercreek City Schools elementary buildings. Installation is happening now.

How can I help?

Option 1: Make a credit card donation at www.CreekSafe.com, on Facebook @CreekSafe or call (937) 478-4353. Just $20.00 per student is needed, but anything helps!

Option 2: Use the BUY A LOCK button on www.CreekSafe.com to pay $150.00 to cover a whole classroom!

Option 3: Mail a Cash or Check donation to Creek Safe 1370 N. Fairfield Rd. Suite C Beavercreek, OH 45434

Option 4: Purchase a Super Soft Creek Safe T-Shirt for $20! Return this form to your school and we will deliver your shirt! Shirts are $20 by cash or check or $21 by credit card. Call (937) 478-4353 with credit card information.

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CREEK SAFE 1370 N. FAIRFIELD RD. SUITE C, BEAVERCREEK, OH 45434
(937)478-4353 creeksafe@gmail.com
Box Tops/Coke Rewards Update  
One Student Can Win A $15 Amazon Gift Card!

How to Win an Amazon gift card:
- Submit a baggie of at least 10 Box Tops and/or Coke Rewards to the collection container in the office. (Be sure your name and grade is on the baggie).
- Continue submitting as often as you’d like through May 15th.
- THROUGH FEB. 22ND ONLY, EACH BAGGIE SUBMITTED WILL COUNT AS TWO CONTEST ENTRIES (To help us make the most money for the March Box Tops mailing deadline).
- Note: All labeled baggies that have been received since the popcorn party contest ended last year have already been entered in the contest.

Other information to know:
- Only send Box Tops that expire March 1, 2019 or after. Expired Box Tops can’t be used.
- Coke codes can be found under the lid of any Coke product bottles and when you remove the perforated cardboard flap from 12 and 24 can packs. They can also be found on the shrink wrap of Dasani water bottles and larger can packs.

Collecting these items is a simple and free way to help provide funding for PTO activities! So far this school year, Ankeney has made $221.10 from Box Tops and $18.45 from Coke codes (let’s increase our amount on this new program!!). Questions can be directed to Tracy Rowland at tracyrowland321@yahoo.com.