



# “Active Parenting Now”



**Mondays 3:45-5:45pm**

**9/30, 10/7, 10/14, 10/21, 10/28, & 11/4**  
**DeSoto Middle School**

Join us, meet other parents and share the joys of parenting. We’ll learn from each other and celebrate the good things we do with our children.

*For more information contact:*

**Karen Warren (863) 494-4133 EXT. 215**

## “Active Parenting” Registration Form

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell#: \_\_\_\_\_ Home#: \_\_\_\_\_

SEND FORM TO THE **OFFICE OF DESOTO MIDDLE SCHOOL**  
**Registration Deadline:**

Active Parenting Now offers a proven approach to raising your children ages 5-12 to be responsible, creative, and prepared to meet the challenges of the teen years. The six sessions combine video and discussion with practical advice from the author, Michael Popkin, Ph.D. In each session, you will learn about:

- ~ What your children need to succeed
- ~ Handling problems together
- ~ Building a relationship with your child based on cooperation and respect
  - Enhancing your child’s sense of responsibility
- ~ Understanding why children misbehave
  - ~ Communicating effectively with your child
    - Stimulating your child’s independence
    - Understanding the power of encouragement
    - Participate in lively activities and discussions

Active Parenting now will be held once a week for six weeks. Each session is two hours in length with time for breaks and snacks. The sessions are fun and supportive. There will be lively activities, games and time to just be with other parents like you.