

NATCHEZ-ADAMS SCHOOL DISTRICT

September Breakfast Menu for All Schools

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Labor Day No School | 4 Assorted Fruit Juices Assorted Vegetable Juice Yogurts and Muffins Assorted Cold Cereals Whole Wheat Toast Chilled Peach Slices Chocolate Milk Strawberry Milk White Milk Graham Crackers | 5 Assorted Fruit Juices Strawberry WG Toaster Pastries Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Chocolate Milk Strawberry Milk White Milk Graham Crackers | 6 Assorted Fruit Juices Assorted Vegetable Juice Sausage Patty Whole Grain Biscuit Assorted Cold Cereals Whole Wheat Toast Mandarin Fruit Cup Chocolate Milk Strawberry Milk White Milk Graham Crackers | 7 Assorted Fruit Juices Assorted Vegetable Juice Waffles in a Bag Ham Slice Assorted Cold Cereals Whole Wheat Toast Blushing Chilled Pears Pancake Syrup Chocolate Milk Strawberry Milk White Milk Assorted Jellies Graham Crackers |
| 10 Assorted Fruit Juices Assorted Vegetable Juice Pancakes Bacon Strips Assorted Cold Cereals Fresh Cantaloupe Cubes Pancake Syrup Chocolate Milk Strawberry Milk White Milk Graham Crackers | 11 Assorted Fruit Juices Scrambled Egg Patty Whole Grain Biscuit Cinnamon Rolls Fresh Apples Chocolate Milk Strawberry Milk White Milk Assorted Jellies | 12 Assorted Fruit Juices Assorted Vegetable Juice Breakfast Chicken Patty Whole Grain Biscuit Strawberry WG Toaster Pastries Mandarin Fruit Cup Chocolate Milk Strawberry Milk White Milk | 13 Assorted Fruit Juices Breakfast Sausage Pizza Assorted Cold Cereals Whole Wheat Toast Fresh Bananas Chocolate Milk Strawberry Milk White Milk Graham Crackers | 14 Assorted Fruit Juices Assorted Vegetable Juice Hot Grits Scrambled Eggs Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Chocolate Milk Strawberry Milk White Milk Graham Crackers |
| 17 Assorted Fruit Juices Grilled Cheese Sandwich Assorted Cold Cereals Chilled Peach Slices Chocolate Milk Strawberry Milk White Milk Graham Crackers | 18 Assorted Fruit Juices Assorted Vegetable Juice Sausage Patty Whole Grain Biscuit Strawberry WG Toaster Pastries Fresh Apples Chocolate Milk Strawberry Milk White Milk | 19 Assorted Fruit Juices Assorted Muffin Loaves Assorted Cold Cereals Pineapple Tidbits Chocolate Milk Strawberry Milk White Milk Graham Crackers | 20 Assorted Fruit Juices Hot Grits Bacon Strips Assorted Cold Cereals Whole Wheat Toast Assorted Jellies Fresh Kiwi Wedges Chocolate Milk Strawberry Milk White Milk Graham Crackers | 21 Assorted Fruit Juices Assorted Vegetable Juice French Toast Sticks Scrambled Eggs Assorted Cold Cereals Fresh Orange Smiles Pancake Syrup Chocolate Milk Strawberry Milk White Milk Graham Crackers |
| 24 Assorted Fruit Juices Assorted Vegetable Juice Strawberry WG Toaster Pastries Assorted Cold Cereals Whole Wheat Toast Pineapple Tidbits Chocolate Milk Strawberry Milk White Milk | 25 Assorted Fruit Juices Sausage & Pancake on a Stick Assorted Cold Cereals Whole Wheat Toast Frozen Fruit Juice Cups Pancake Syrup Chocolate Milk Strawberry Milk White Milk Graham Crackers | 26 Assorted Fruit Juices Assorted Vegetable Juice Yogurts and Muffins Assorted Cold Cereals Whole Wheat Toast Fresh Cantaloupe Cubes Chocolate Milk Strawberry Milk White Milk Graham Crackers | 27 Assorted Fruit Juices Sausage Patty Whole Grain Biscuit Assorted Cold Cereals Whole Wheat Toast Mandarin Fruit Cup Chocolate Milk Strawberry Milk White Milk Graham Crackers | 28 Assorted Fruit Juices Assorted Vegetable Juice Hot Grits Scrambled Eggs Assorted Cold Cereals Whole Wheat Toast Fresh Orange Smiles Chocolate Milk Strawberry Milk White Milk Graham Crackers |

In the operation of child feeding programs, no child is discriminated against because of race, sex color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C., 20250.