

PBIS Staff Training
QUIZ

- Please log into the Mayfield Independent School District webpage (www.mayfield.kyschools.us) and click on Quick Links. From the list, choose the link entitled "PBIS Video Link."
- Here you will find a list of videos under *CIBRS Videos*. You will need to watch the following ones: *What is PBIS Introduction Video 1* **AND** *Considering Mental Health Videos 1 – Introduction and Logic, 2 – Screening, and 3 – Support*.
- After previewing the four videos, please answer the questions below.
- Once you have completed the quiz, and have reviewed the additional documents, please sign and return to Lee Ann Crawford at the Central office (270-247-3868).

True or False

1. ____ Children's behaviors in school can be externalizing or internalizing.
2. ____ Externalizing behaviors are often not obvious and often do not have an immediate effect on the environment.
3. ____ Mental health services always fall under special education services.
4. ____ There will never be a single intervention that is appropriate for all students.
5. ____ One in six school aged youth experience mental illness.
6. ____ Boys are more likely than girls to feel sad or consider suicide.
7. ____ Suicide is the second leading cause of death for ages 10 through 24.
8. ____ Forming positive relationships with ALL students help them to feel safer, to feel bonded to the school, and to have higher achievement.
9. ____ Mental health is obvious and can easily be identified with one single incident.
10. ____ Everyone in the school setting can support the wellbeing of our students.
11. ____ A continuum of supports is most easily delivered via a multi-tiered system of supports such as PBIS.
12. ____ Any person who knows or has reasonable cause to believe that a child is dependent, neglected or abused shall report this to the appropriate authorities.

Multiple Choice:

1. Risk factors for mental health issues include:
 - a. Few friends
 - b. Inconsistent family support
 - c. No sense of belonging to a school social group
 - d. All of the above
2. Characteristics of PBIS include all but one of the following:
 - a. A multi-tiered approach
 - b. Allowing each student to work on his/her own
 - c. Decision making that is driven by data
 - d. 5 to 1 positive to negative student interactions
3. School related protective factors help students to:
 - a. Feel a sense of control over one's own life
 - b. Have caring relationships with at least one adult at school
 - c. Build on their existing strengths
 - d. All of the above
4. PBIS stands for:
 - a. Preventative Behavior Interventions and Services
 - b. Positive Behavior Interventions and Supports
 - c. Planned Behavior Interventions and Services
 - d. Positive Building Interventions and Supports
5. The triangle referred to in PBIS includes:
 - a. 80 to 90 percent universal interventions
 - b. 3 levels of intervention
 - c. Targeted interventions for the most severe behaviors
 - d. All of the above

By signing below, I acknowledge I have completed the following:

1. Viewed required videos online.
2. Reviewed the Mayfield Independent School Board Policy regarding Restraint and Seclusion (green handout).
3. Reviewed the PowerPoint handout regarding PBIS School Training presentation.

Signature

Date