

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Oct 1

Power Protein Pack  
Pepperoni Lunchable  
Cobb Salad Box  
Mini Cajun Cheeseburgers  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Honey Glazed Sweet Potato  
Broccoli with Cheese  
Fruits, MANDARIN ORANGES  
Assorted Juice 4oz  
Mini Rice Krispie Treat  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 2

chicken salad  
Buffalo Chicken Salad  
Wow Butter (PBJ) Munchab  
Chicken Bites  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Seasoned Green Beans  
Corn Nuggets  
Fresh Apple Smiles  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
sweet and Sour Sauce  
Honey Mustard 28 grams  
Sauce Flavor Station  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 3

Wow Butter (PBJ) Munchab  
Power Protein Pack  
Grilled Chicken Salad bx  
BBQ Pork  
\*Garlic Bread  
Shred Cheese 1oz cup  
Jalapeno Peppers  
Tossed RomaineBlendSalad  
Tomatoe Slice  
French Fries  
Veggie Cup with Taco Dip  
Assorted Fruit  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 4

Wow Butter (PBJ) Munchab  
Pepperoni Lunchable  
Turkey Bacon Ranch Wrap  
Salad Box  
ROTEL CHICKEN SPAGHETTI  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Onion Rings  
Baked Beans  
Chilled Peaches  
Assorted Juice 4oz  
Cool Ranch Doritos  
Salad Dressing Ass't  
1% Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 5

Wow Butter(PBJ) Sack Lunch  
Assorted Juice 4oz  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 8

Pepperoni Hot Pocket  
Wow Butter (PBJ) Munchab  
Buffalo Chicken Salad  
chicken salad  
Romaine Lettuce-1/2 c  
Tomatoe Slice  
Sliced Cucumbers  
Baby Carrots  
Seasoned Green Beans  
Sweet & Juicy Pineapple  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Honey Mustard 28 grams  
Cheese Stick  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 9

Pepperoni Hot Pocket  
Wow Butter (PBJ) Munchab  
Buffalo Chicken Salad  
chicken salad  
Romaine Lettuce-1/2 c  
Tomatoe Slice  
Sliced Cucumbers  
Baby Carrots  
Seasoned Green Beans  
Sweet & Juicy Pineapple  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Honey Mustard 28 grams  
Cheese Stick  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 10

Wow Butter (PBJ) Munchab  
Power Protein Pack  
Grilled Chicken Salad bx  
Chicken Bites  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Corn on Cob  
Seasoned Pinto Beans  
Fruits, Banana Lrg.  
Assorted Juice 4oz  
Salad Dressing Ass't  
Sauce Flavor Station  
Ketchup, Ind.  
sweet and Sour Sauce  
Honey Mustard 28 grams  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 11

Wow Butter (PBJ) Munchab  
Pepperoni Lunchable  
Turkey Bacon Ranch Wrap  
Salad Box  
Scrambled Eggs  
Sausage Patty  
Biscuit WG  
Grits  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Hash Browns  
Veggie Cup with Taco Dip  
F. Choice of Fresh Fruit  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Jelly Cup  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 12

Power Protein Pack  
chicken salad  
Spicy Chicken Salad bx  
Cheese Burger  
Romaine Lettuce-1/2 c  
Tomatoe Slice  
Corn Nuggets  
Baked Beans  
Fresh Apple Smiles  
Assorted Juice 4oz  
Cheese Curls  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 15

Pepperoni Lunchable  
Power Protein Pack  
Cobb Salad Box  
Chicken Bites  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Creamed Potatoes  
Butter Beans  
Fruits, MANDARIN ORANGES  
Assorted Juice 4oz  
Salad Dressing Ass't  
Sauce Flavor Station  
Ketchup, Ind.  
sweet and Sour Sauce  
Honey Mustard 28 grams  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 16

Wow Butter (PBJ) Munchab  
Buffalo Chicken Salad  
chicken salad  
Beef Nacho  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Buttery Corn  
Seasoned Pinto Beans  
Sweet & Juicy Pineapple  
Assorted Juice 4oz  
Choc Chip Muffin  
Salad Dressing Ass't  
Taco Sauce  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 17

Wow Butter (PBJ) Munchab  
Power Protein Pack  
Grilled Chicken Salad bx  
Crispito  
Mexican/Spanish Rice  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Fresh Veggie Cup  
Early Sweet Peas  
Fresh Orange Smiles  
Assorted Juice 4oz  
Salad Dressing Ass't  
Salsa  
Taco Sauce  
Sour Cream  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 18

Wow Butter (PBJ) Munchab  
Pepperoni Lunchable  
Turkey Bacon Ranch Wrap  
Salad Box  
Pork, Pattie Rib shaped  
\*Cornbread  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Sliced Cucumbers  
Seasoned Tump Greens  
Corn Nuggets  
Blueberry&Peach Cup  
Assorted Juice 4oz  
Salad Dressing Ass't  
BBQ Sauce Pack  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 19

Power Protein Pack  
chicken salad  
Spicy Chicken Salad bx  
All Beef Hot Dog on Bun  
Sauskraut  
Cole Slaw  
Baby Carrots  
French Fries  
Chilled Peaches  
Assorted Juice 4oz  
Cheez-it Regular  
Ketchup, Ind.  
Mustard, Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 22

Pepperoni Lunchable  
Power Protein Pack  
Cobb Salad Box  
Spicy Chicken Sandwich  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Corn on Cob  
Seasoned Green Beans  
Mixed Fruit Cocktail  
Assorted Juice 4oz  
Nachos Dorito Chips  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Honey Mustard 28 grams  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 23

Wow Butter (PBJ) Munchab  
Buffalo Chicken Salad  
chicken salad  
BUFFALO CHICKEN PIZZA  
\*Garlic Bread  
Cole Slaw  
Buttery Corn  
Baked Beans  
FRUIT SALAD  
Assorted Juice 4oz  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 24

Wow Butter (PBJ) Munchab  
Power Protein Pack  
Grilled Chicken Salad bx  
Spicy Chicken Bites  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
SEASONED BLACK EYE PEAS  
Broccoli with Cheese  
Fresh Apple Smiles  
Assorted Juice 4oz  
Salad Dressing Ass't  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 25

Wow Butter (PBJ) Munchab  
Pepperoni Lunchable  
Turkey Bacon Ranch Wrap  
Salad Box  
Scrambled Eggs  
Sausage Patty  
Biscuit WG  
Grits  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Veggie Cup with Taco Dip  
Hash Browns  
Cool Peas  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Jelly Cup  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 26

Power Protein Pack  
chicken salad  
Spicy Chicken Salad bx  
Crispito  
Mexican/Spanish Rice  
Romaine Lettuce-1/2 c  
Tomatoe Slice  
Corn Nuggets  
Seasoned Pinto Beans  
Fresh Orange Smiles  
Assorted Juice 4oz  
Salad Dressing Ass't  
Salsa  
Taco Sauce  
Sour Cream  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 29

Power Protein Pack  
Pepperoni Lunchable  
Cobb Salad Box  
Mini Cajun Cheeseburgers  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Sweet Candied Carrots  
Broccoli with Cheese  
Fruits, MANDARIN ORANGES  
Assorted Juice 4oz  
Mini Rice Krispie Treat  
Salad Dressing Ass't  
Ketchup, Ind.  
Mustard, Ind.  
Mayo, Light Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 30

chicken salad  
Buffalo Chicken Salad  
Wow Butter (PBJ) Munchab  
Chicken Bites  
Dinner Rolls WW  
Tossed RomaineBlendSalad  
Tomatoe Slice  
Seasoned Green Beans  
Corn Nuggets  
Fresh Apple Smiles  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
sweet and Sour Sauce  
Honey Mustard 28 grams  
Sauce Flavor Station  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF

Oct 31

Wow Butter (PBJ) Munchab  
Power Protein Pack  
Grilled Chicken Salad bx  
BBQ Pork  
\*Garlic Bread  
Shred Cheese 1oz cup  
Jalapeno Peppers  
Tossed RomaineBlendSalad  
Tomatoe Slice  
French Fries  
Veggie Cup with Taco Dip  
Blueberry&Peach Cup  
Assorted Juice 4oz  
Salad Dressing Ass't  
Ketchup, Ind.  
Assorted FF & 1oz Milk  
1% Milk  
Choc FF  
Strawberry FF