







May Intermediate MENU

Every lunch includes a choice of milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| April 29 Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Sautéed Vegetable Fruit Cup | April 30 Italian Dippers or Pizza Seasoned Sweet Corn Italian Salad Colorful Apple Sauce | 1  Manager's Choice | 2 Tacos or Quesadillas Lettuce & Tomato Homemade Salsa Refried Beans Spanish Rice Fruit Cup | 3 Cheese Burger Basket or Hot Dog Basket w/ Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 6 Chicken Spaghetti Hot Roll Fresh Garden Salad Seasoned Vegetables Fruit Cup or BYSL | 7 Cheesy Bread Sticks w/ Marinara Sauce or Pizza Italian Salad Steamed Vegetables Fruit Cup | 8 Popcorn Chicken or Crispy Chicken Salad with Hot Roll Mashed Potatoes Seasoned Vegetables Berries & Cream | 9  Manager's Choice | 10 Chicken Sandwich Basket or Corn Dog Basket with Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 13  Manager's Choice | 14 Chicken Alfredo with Bread Stick or Pizza Tossed Salad Steamed Broccoli Fruit Wiggles | 15 Asian Bowl or Popcorn Chicken with Hot Roll Steamed Vegetables Glazed Carrots Fruit Cup | 16 Nachos Lettuce & Tomato Homemade Salsa Refried Beans Spanish Rice Fruit Cup | 17 Specialty Burger Basket or Chicken Strip Basket with French Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 20 Chicken Nuggets or Steak Fingers Hot Roll Mashed Potatoes Seasoned Carrots Fruit Cup | 21 Spaghetti with Meat Sauce and Garlic Toast or Pizza Tossed Salad Seasoned Green Beans Banana Sundae | 22 Mini Corn Dogs with Mac & Cheese Cucumber Nachos Seasoned Vegetables Fruit Cup or BYSL | 23 Grab N' Go Sack Lunch  | 24 Enjoy Your Summer! |

Here comes the Sun!

Our sun can do a lot of cool things like keep us warm and make flowers and plants grow, but we need to be smart about the sun and its potential dangers.

- * Always make sure to take frequent breaks from the sun by going inside or in the shade.
- * Put on sunscreen and reapply often. Be sure to put sunscreen all over your body. This includes some places you might not think of, like the tops of your ears or the back of your neck.



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|------------------------------|--|------------------------------------|-------------------------------|----------------------------|
| Sausage Roll or French Toast | Scrambled Eggs w/ Toast & Sausage, Bacon, or Ham | Breakfast Pizza or Sausage Biscuit | Cinnamon Roll or Pancake Wrap | Waffles or Muffin & Yogurt |

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

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