

# FEBRUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> <li>dipperdoodle bar (df)</li> <li>banana muffin</li> </ul>
4 <ul style="list-style-type: none"> <li>cheerios w/ animal crackers (df) (vg)</li> <li>zac omega blackberry bar(df)</li> </ul>	5 <ul style="list-style-type: none"> <li>HOT pancakes w/ syrup (vg)</li> <li>zee zees berry apple crisp (df)</li> <li>cinnamon raisin bagel (vg)</li> </ul>	6 <ul style="list-style-type: none"> <li>HOT cornbread w/ egg omelet (vg)</li> <li>yogurt w/ granola</li> </ul>	7 <ul style="list-style-type: none"> <li>HOT french toast, maple turkey sausage, &amp; egg</li> <li>blueberry muffin</li> </ul>	8 <ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>multigrain cheerios w/ educational snacks (vg)</li> </ul>
1 <ul style="list-style-type: none"> <li>corn chex w/ educational snacks (vg)</li> <li>yogurt w/ granola</li> </ul>	12 <ul style="list-style-type: none"> <li>dipperdoodle bar (df)</li> <li>mini lemon muffin w/ string cheese (vg)</li> </ul>	13 <ul style="list-style-type: none"> <li>HOT turkey, cheddar, &amp; omelet gordita</li> <li>blueberry burst bagel w/ cream cheese</li> </ul>	14 <ul style="list-style-type: none"> <li>HOT cinnamon toast bagel (vg)</li> <li>banana muffin</li> <li>yogurt w/ honey grahams</li> </ul>	15 <ul style="list-style-type: none"> <li>whole wheat bagel w/ cream cheese</li> <li>multigrain cheerios w/ cinnamon goldfish grahams (df) (vg)</li> </ul>
18	19	20	21	22
<b>NO SCHOOL – PRESIDENT’S WEEK BREAK</b>				
25 <ul style="list-style-type: none"> <li>corn chex w/ cinnamon goldfish grahams (df) (vg)</li> <li>zac omega strawberry bar (df)</li> </ul>	26 <ul style="list-style-type: none"> <li>cinnamon crumble</li> <li>whole wheat bagel w/ cream cheese</li> </ul>	27 <ul style="list-style-type: none"> <li>HOT classic chicken sausage w/ cheddar brekwich</li> <li>cheerios w/ animal crackers (df) (vg)</li> <li>lemon muffin</li> </ul>	28 <ul style="list-style-type: none"> <li>HOT turkey, cheddar cheese, &amp; omelet gordita</li> <li>blueberry burst bagel w/ cream cheese</li> <li>string cheese w/ cinnamon grahams</li> </ul>	

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

FEBRUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				<ul style="list-style-type: none"> <li>• cheese pizza (vg)</li> <li>• turkey &amp; cheddar sandwich</li> <li>• hummus dippers (vg)</li> <li>○ edamame &amp; diced carrots</li> </ul>
4	5	6	7	8
<ul style="list-style-type: none"> <li>• buffalo chicken crunchadilla</li> <li>• rainbow veggie pizza (vg)</li> <li>• chicken salad sandwich (df)</li> <li>• ched cheese sandwich (vg)</li> <li>○ steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>• general tso's chicken</li> <li>• revolution hot dog (df)</li> <li>• southwest veggie wrap w/ carrots (vg)</li> <li>• sesame chicken salad</li> <li>○ seasoned green beans</li> </ul>	<ul style="list-style-type: none"> <li>• breakfast for lunch: pancakes w/ sausage</li> <li>• spaghetti marinara w/ mozzarella (vg)</li> <li>○ black bean &amp; corn</li> </ul>	<ul style="list-style-type: none"> <li>• pepperoni pizza</li> <li>• oven roasted chicken sandwich (df)</li> <li>• veggie chef's salad (vg)</li> <li>○ lettuce &amp; tomato</li> </ul>	<ul style="list-style-type: none"> <li>• zesty beef pasta</li> <li>• cheesy pizza bites (vg)</li> <li>• egg salad sandwich (vg) (df)</li> <li>○ glazed carrots</li> </ul>
1	12	13	14	15
<ul style="list-style-type: none"> <li>• jerk chicken drumstick w/ pineapple carrot rice (df)</li> <li>• bean &amp; cheese quesadilla (vg)</li> <li>• buffalo chicken wrap</li> <li>• sunny sandwich kit (vg)</li> <li>○ glazed carrots</li> </ul>	<ul style="list-style-type: none"> <li>• flame broiled beef cheeseburger</li> <li>• cheese pizza (vg)</li> <li>• bean &amp; cheese pupusa (vg)</li> <li>• chicken salad sandwich (df)</li> <li>○ coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>• italian calzoni (vg)</li> <li>• breakfast for lunch: pancakes w/ omelet (vg)</li> <li>• sesame chicken wrap (df)</li> <li>• turkey &amp; cheddar sandwich</li> <li>○ carrot, corn, &amp; peas</li> </ul>	<ul style="list-style-type: none"> <li>• hicken bites</li> <li>• chicken caesar salad</li> <li>• egg salad sandwich (df) (vg)</li> <li>○ broccoli florets</li> </ul>	<ul style="list-style-type: none"> <li>• crispy chicken sandwich (df)</li> <li>• fiesta scoops w/ three layer dip (vg)</li> <li>• mighty meaty deli combo</li> <li>• veggie taco salad (vg)</li> <li>○ edamame &amp; grape tomatoes</li> </ul>
18	19	20	21	22
NO SCHOOL – PRESIDENT’S WEEK BREAK				
25	26	27	28	
<ul style="list-style-type: none"> <li>• mama's green chile &amp; cheese tamale (vg)</li> <li>• breakfast for lunch: pancakes w/ omelet (vg)</li> <li>• chicken salad sandwich (df)</li> <li>○ baby carrots</li> </ul>	<ul style="list-style-type: none"> <li>• smothered beef burrito</li> <li>• crispy chicken sandwich (df)</li> <li>• sesame chicken salad</li> <li>• egg salad sandwich (vg) (df)</li> <li>○ coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>• flame broiled beef cheeseburger</li> <li>• cheese pizza (vg)</li> <li>○ lettuce &amp; tomatoes</li> </ul>	<ul style="list-style-type: none"> <li>• chili citrus drumstick w/ rice (df)</li> <li>• fiesta scoops w/ three layer dip (vg)</li> <li>• veggie taco salad (vg)</li> <li>• turkey &amp; cheddar sandwich</li> <li>○ pinto beans &amp; green beans</li> </ul>	

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day