



THE AROVISTA NEWS

Oct. 12, 2018

Principal's Message

Since 1956

Growth Mindset at Home

We are continuing our school theme of "The Power of Yet" and the importance of having a "Growth Mindset." this year. I will be sharing some basic information for parents in my newsletters and how you can encourage a growth mindset at home.

Some basics:

A fixed mindset is one where we believe that our core personality, character, talent, abilities and intelligence are fixed. We are either smart, or dumb. We are either talented at something or we aren't. In the *fixed* mindset, since people believe that they are one thing or the other, every little success validates them as a person and every little failure tears them down. Consequently, as soon as they face a setback, they scramble to find someone/something to fix the blame on and are constantly making excuses. **Since success/failure are so tightly tied to a sense of identity, people with the fixed mindset tend to develop an irrational fear of failure and tend to take less risks.**

A growth mindset on the other hand, is the opposite, where we believe that everything about a person is malleable. Through resilience and effort, anyone can build themselves into anything they want to be. In the *growth* mindset, people believe that success is a result of effort rather than just raw talent. So, people with the growth mindset work hard to constantly grow and improve. Success is earned and never taken for granted. On the flip side, setbacks are seen as the inevitable side-effects of pursuing any endeavor. They are treated as opportunities for further improvement. Failure is an important part of the learning process. Failure should be embraced as this is the way we learn.

Next time, I will give info on having a Growth Mindset at home.

Remember our favorite 3-letter word - YET!

Important Dates

Thurs. 10/11 - Snack Fundraiser starts
Friday 10/12 - Round Up family carnival, 5:00-8:30
Friday 10/12 - Round Up clean-up - 8:30-9:30 (Please help!)
Thurs - 10/18 - Calif. Great Shake Out - Earthquake Drill
Fri. 10/19 - 5th Grade Film for Girls
10/22-10/26 - Conference Week, Minimum Days - 12:30 dismissal (all TK/Kinders attend from 8:00-11:30)
10/22-10/26 - Red Ribbon Week

Student Council

Under the direction of Mrs. Noffal, our new Student Council leaders are hard at work coming up with new ideas and continuing traditions. Meet our new officers:

President: Aubri Buonauro

Vice President: Samie Reutter

Secretary: Olivia Jeon

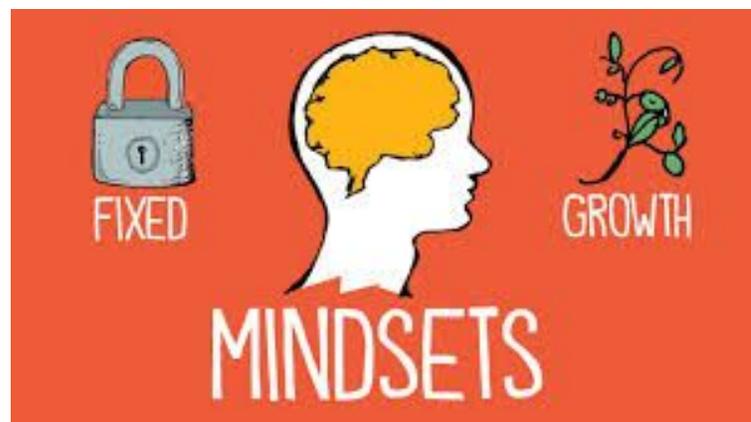
Historian: Wendy Williams

Sergeant of Arms: Ava Beccaccio

Allstar Raffle Winners

The following students were chosen in our random raffle: Olivia Jeon, Brian Cortez, Alli Wilkinson, Levi King, Samie Reutter, Sophie Quintanilla, William Wallin, Malia Ortacho, McKinley Barragan, Christopher Lopez, Leah Wilkinson, Ellie Cruz, Joanna Orozco, Kendall Henderson, Samantha Gener, Valeria Tenorio, Makaela Moore, William Thibodeaux, Dylann Lind, Miguel Soleta, Adrien Contreras, Valeria Cecena, Quinn Dailey, Savvy Taylor, Logan King, Dylee Deibler, Payton Eaden, Miguel Cabrera, Elijah Weincek, Samantha Vargas, Gianna D'Amato, Adrew Leon, Clarissa Olvera, Jada Hayes, Isabel Jimenez, Sai Solis, and Zoey Truesdale.

Congratulations for being Allstars! We are proud of you!



Instagram

<https://www.instagram.com/arovistaallstars>

<http://arovista.bousd.us/>