



**School Information:** Did you know when you eat at the HJH cafeteria, you can choose between chocolate, strawberry & regular white milk?

**Additional Items Offered Daily:** Pizza, Crisпитos, Sub Sandwiches, Chef Salad, Meatball Sub



**Nutrition Tip:** August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday



POPCORN CHICKEN  
FISH NUGGETS  
SIDE SALAD, PEAS  
CORN ON THE COB, ROLL  
RICE KRISPIE TREAT  
ORANGE, PEACH CUP  
MILK

CHICKEN FAJITAS  
TACO STICK  
FAJITA VEGGIES  
PINTO BEANS  
CORN, SIDE SALAD,  
GALA APPLE, MANDARIN  
ORANGES, MILK

PIZZA  
SUB SANDWICH  
SIDE SALAD, CHIPS  
BABY CARROTS  
CUCUMBER SLICES WITH  
RANCH, APPLESAUCE CUP  
ORANGE, MILK

PHILLY CHEESESTEAK  
CHEESE BURGER  
BURGER VEGGIES  
CURLY FRIES, PORK & BEANS  
CHIPS  
SLICED STRAWBERRIES,  
PINEAPPLE, MILK

SPAGHETTI  
CHICKEN SANDWICH  
SANDWICH VEGGIES  
CHIPS, GREEN BEANS  
CARROTS, CHEESY GARLIC  
BREAD, CHERRY JUICE RUSH  
PEARS, MILK

CHICKEN DRUMSTICKS  
FISH NUGGETS  
MAC & CHEESE, PEAS  
ROLL, CHOCOLATE CHIP  
COOKIE, FRUIT COCKTAIL  
RED GRAPES  
MILK

CHICKEN CRISPOSITOS  
TACO STICK  
REFRIED BEANS  
CORN, SIDE SALAD  
MANDARIN ORANGES  
GALA APPLE  
MILK

PIZZA  
SUB SANDWICH  
SIDE SALAD, CHIPS  
BABY CARROTS  
CUCUMBER SLICES WITH  
RANCH, APPLESAUCE CUP  
ORANGE, MILK