

**POMONA UNIFIED SCHOOL DISTRICT  
Health Services & Programs**

**PARENTS!**

**Notice of Exposure to Illness**

**Tinea Capitis  
“Ringworm” of the scalp (head)”**

**Date:** \_\_\_\_\_

**Symptoms:** Flat, spreading ring-shaped bald spots on hairy parts of the head.  
Hair may break off close to scalp.

**Incubation  
Period:** 10 – 14 days

**How  
Transmitted:** Highly contagious either by direct or indirect contact with the  
sore of an infected person or animal.

**Treatment  
and  
Precautions:** Consult your doctor or the Health Department for prescription medicine  
and a note to return to school. Do not share combs, hats or towels with  
infected person.

**Return to  
School:** Only if under treatment by a doctor and the sore is covered.

**Please call your child’s school if your child will be absent due to  
the above symptoms (or any other illness)**

SECTION 6