Rainbow in a Bag

Materials:
1 cup of flour
2 cups of water
1 tablespoon of salt
food coloring
large zip look bag
cardstock
tape/painters tape

1. Whisk flour, water, & salt in a pot and then add to a low heat on the stove. Continue slowly whisking until a smooth substance starts to form. It is between the mix being watery and solid.
2. Scoop a heaped tablespoon of the mix into 7 bowls to make rainbow colors.
3. Use your food coloring in each bowl to get the desired color. To get bright colors add 20+ drops of food coloring.
4. Trim your cardstock to fit into your zip lock. You will be folding the top of the zip lock over so make sure that the cardstock fits the width.
5. Add a heaped teaspoon of paint into the zip lock by holding the plastic away so you don’t mess on it.
6. Press down on the plastic to help the paint off the teaspoon.
7. Once you have all your colors lined up close the zip lock and fold over the extra zip lock space.
8. Tape down the zip lock with either clear tape, painters tape or anything you have that will easily remove yet keep your zip lock in place.
9. Then it is time to play! Ask your child if they would like to create a rainbow! They will start pushing the paint across the canvass bit by bit to create their rainbows.