



# OUR LADY OF GUADALUPE SCHOOL

*Believe and Achieve*

## ATHLETICS PLAYER CONTRACT

- Keep up with school work. Academics are the first priority of a student athlete. Grade checks will be conducted and you may sit out for a period of time if you fall below a 2.0 GPA.
- Be at all practices, games, and meetings. If you don't practice, you won't play. All excused absences must be coordinated in advance with the coaches.
- Respect other players. Remember, your teammates are working with you, not against you. Any unnecessary comments or arguments between players or any aggression toward other players will not be tolerated.
- Listen to your coaches. Your coaches are volunteers, show them respect. Coaches are approachable and open to discussions, but ultimately they make decisions regarding the team. Any backtalk or disrespect to any coaches will not be tolerated.
- All athletes are to shake hands with their coaches upon start of practice, games or events along with a goodbye & thank you hand shake EVERY TIME!
- Players are expected to not just leave immediately after practices or games. If there is equipment or set up items to be put away all players are to assist in putting everything away.
- Conduct yourself in the appropriate and respectful manner at all times. Whether at school, a game, or at practice – you must remember that you are a representative of Our Lady of Guadalupe and your behavior will reflect our school. So, treat other teams, schools, spectators, and officials with the upmost respect. Remember, without them, there would not be a game.
- Accept your role on the team. Realize that a team is made up of individuals and not everyone can start or play at the same time. Try to be the best at whatever role your team needs you to play.
- Take care of your uniforms. You are responsible for your assigned uniform. Keep track of them and keep them clean.
- Take care of yourself. Student-athletes need adequate sleep and a healthy diet to perform at their best.
- If you have any questions please call Jonathan Saldana at [jsaldana@olgvikings.org](mailto:jsaldana@olgvikings.org).



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I \_\_\_\_\_, have read and understand the rules for maintaining a spot on the team at Our Lady of Guadalupe School. I understand that failure to comply with the rules will result in appropriate consequences and/or game suspensions. I further understand that continuous failure to comply with these rules may result in dismissal from the team.

I will do my best to be a positive athlete!

Player Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Cell: \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Cell: \_\_\_\_\_