




Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

GO CATS

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
3	4	5	6	7
 <p>LABOR DAY</p> <p>Offered Daily: Chicken Sandwich</p>	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza
	PB&J Sandwich	Pizza	Pork Roast w/Gravy	Chicken Sandwich
	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans
	Popeye Salad	Lettuce & Tomato	Turnips	French Fries
	Rip Tide Slushie	Peach Cup	Cornbread	Peaches
	Fresh Fruit	Pineapple	Fresh Fruit	Juice
	Rice Krispies Treat		Diced Pears	Cup Cake
10	11	12	13	14
Meatloaf	Spaghetti	Chicken Teriyaki Nuggets	Oven Baked Chicken	Corndog
Chicken Chunks	Bread Sticks	Fish	Salisbury Steak	BBQ Pork Sandwich
Blackeyed Peas	Pizza	Scalloped Potato	Mashed Potatoes w/Gravy	French Fries
Carrots	Lettuce & Tomato	Steamed Broccoli & Cheese	Seasoned Green Beans	Dill Spear
Roll	Corn	Roll	Rip Tide Slushie	Baked Beans
Fruit Cocktail	Diced Pears	Fresh Fruit	Fresh Fruit	Mandarin Oranges
Applesauce cup	Fresh Fruit	Peaches	Roll	Juice
17	18	19	20	21
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza
Hamburger	Fish Sandwich	Pizza	Pork Roast w/Gravy	Chicken Sandwich
French Fries	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans
Lettuce & Tomato	Popeye Salad	Lettuce & Tomato	Turnips	French Fries
Fruit Cocktail	Rip Tide Slushie	Peach Cup	Cornbread	Peaches
Applesauce cup	Fresh Fruit	Pineapple	Fresh Fruit	Juice
	Rice Krispies Treat		Diced Pears	Cup Cake
24	25	26	27	28
Meatloaf	Spaghetti	Chicken Teriyaki Nuggets	Oven Baked Chicken	Corndog
Chicken Chunks	Bread Sticks	Fish	Salisbury Steak	BBQ Pork Sandwich
Mac & Cheese	Pizza	Scalloped Potato	Mashed Potatoes w/Gravy	French Fries
Blackeyed Peas	Lettuce & Tomato	Steamed Broccoli & Cheese	Seasoned Green Beans	Dill Spear
Carrots	Corn	Roll	Rip Tide Slushie	Baked Beans
Roll	Diced Pears	Fresh Fruit	Fresh Fruit	Mandarin Oranges
Fruit Cocktail	Fresh Fruit	Peaches	Roll	Juice
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.				
Georgia Grown		Menu subject to change based on availability.		

er 2018



Avg Nutrients Target

Calories... 898
Cholesterol...108 mg
Sodium.1982 mg
Sugar 39.9 g
Carbohydrates 111 g

Calories...687
Cholesterol...66 mg
Sodium. 1096 mg
Sugar 36.8 g
Carbohydrates 99.4 g

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Cholesterol...108 mg
Sodium. 1982 mg
Sugar 39.9 g
Carbohydrates 111 g

Calories...687
Cholesterol...66 mg
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Locally Grown

