



St. Thomas More Catholic School

Weekly Newsletter

Truly dust we are, and to dust we shall return; and truly yours we are, and to you we shall return. Help this to be a time of turning round and beginning again.

Lent—It's not just about giving up candy!

Lent is a wonderful season during our liturgical year to share the concepts of prayer, fasting and almsgiving with our children. Consider as a family how you might help others in need by giving of your time or resources. Even very young children can understand and will enjoy participating in the process.



About Abstinence and Fasting:

- ◆ **Abstinence** from eating meat is to be observed on Ash Wednesday, Good Friday, and all Fridays during Lent. This applies to all persons 14 and older. The law of fasting on Ash Wednesday and Good Friday applies to all persons 18 or older and younger than 59.
- ◆ **Fasting** means that one full meatless meal per day may be eaten. Two other meatless meals may be taken sufficient to maintain strength, but together they should not equal a full meal. Liquids, including milk and fruit juice, may be taken between meals. Parents should ensure that children who are not bound by the laws of fast and abstinence are helped to grow in their understanding of Jesus' passion and Resurrection.

Lenten Observance:

Catholics are encouraged to participate in Holy Mass and in the Sacrament of Penance during Lent. We are also encouraged to participate in devotions such as Stations of the Cross, vigils and prayer services. Join with our St. Thomas More Catholic Parish family on Friday nights to participate in the Stations of the Cross devotion at 6 PM, followed by a Soup Supper. The school will be preparing soup for March 29th.

Traditional practices:

Increased prayer, Scripture reading, alms, personal self-denial in food and drink, increased care and service to the sick and needy are also suggested. All initiated Catholics are bound by the obligations of receiving Communion at least once a year and to confess sacramentally all serious sins not previously acknowledged in individual Confession. This precept must be fulfilled during the Easter duty season, which is from the first Sunday of Lent until Trinity Sunday.

Did You Know? The "Battered Child Syndrome" may indicate abuse

"Battered Child Syndrome" is a clinical term professionals use to refer to children experiencing recurrent physical abuse from a caretaker over an extended period of time. Signs of a battered child can include repeated bruising or bruising in unusual places, broken bones, scratches, and other injuries. Even if you do not see physical abuse happening, such injuries may be signs that a child is in danger in his or her own home. You should report any suspicious injuries or symptoms to a local child protective services agency — that report could save a child's life. To learn more from the VIRTUS® article "Battered Child Syndrome," [click here](#).

CALENDAR

3/6



Ash Wednesday Services

March 6

- 6:30 AM MASS & ASHES
- 8:30 AM STUDENT MASS & ASHES
- 12 NOON DISTRIBUTION OF ASHES
- 2:30 PM DISTRIBUTION OF ASHES
- 7:00 PM MASS & ASHES

- 3/10 COFFEE & DONUT SUNDAY—5th Gr.
- 3/11 HONORS ASSEMBLY—1 PM
- 3/12 DEANERY SPELLING BEE GRADES 3-5
- 3/20 VIRTUS® TRAINING 6-9 PM
- 3/21 JOG-A-THON/MARCH MADNESS
- 3/22 RE CONGRESS/RETREAT
NO SCHOOL
- 3/29 CEF APPLICATION DEADLINE

CONGRATULATIONS TO THE FEBRUARY STUDENTS OF THE MONTH

- PreSchool: **Ava Milan**
- Kindergarten: **Alexa Raigoza**
- 1st Grade: **Jenna Sepulveda**
- 2nd Grade: **Vincent Rodriguez**
- 3rd Grade: **Anastasia Macchia**
- 4th Grade: **Mere-Sophia Olvera-Aguilar**
- 5th Grade: **Diego Favela**
- 6th Grade: **Sydney Pham**
- 7th Grade: **Nathan Rocha**
- 8th Grade: **Matthew Tesoro**
- Knights of Columbus Student of the Month:
Madeline Quiñones

Mask Contest Winners



JOG-A-THON AND MARCH MADNESS
March 21, 2019
12:30 PM—3:00 PM



The Deanery 10 Spelling Bees at

St. Benedict Catholic School in Montebello.

Our representatives will be:

March 12, 5 PM for 3—5

3rd Grade: **Aiyana Nitta**

4th Grade: **Mere-Sophia Olvera-Aguilar**

5th Grade: **Diego Favela**

April 2, 5 PM for 6—8

6th Grade: **Isabella Rodarte**

7th Grade: **Sebashtine Inmon**

8th Grade: **Phoenix Hem**

Keep them in your prayers.



Make Plans to Attend Camp Ohana this Summer

The last day of school this year is Tuesday, June 11. Day Camp weeks will begin on Monday, June 17 and run through Friday, July 19. Extended Care will NOT be offered during the gap days after the last day of school and before the new school year begins. We will have a registration package to send out after Easter break.

If you need to have your fingerprints registered with the Archdiocese of Los Angeles, please refer to the following link for a complete schedule:

[LA Archdiocese Fingerprinting Schedule](#)

Knights of Columbus Student of the Month
Student of the Month Nominees
February 2019

Baligad, Tyler-8th
Bribiesca, Leah-2nd
Campos, Gabriella-1st
Carrillo, Alana-1st
Carrillo, Ava-3rd
Corona, Brody-2nd
Del Villar, Armando-1st
Dena, Noah-3rd
Duenas, Amelia-2nd
Duenas, Beau-3rd
Elizalde, Isabella-7th
Enriquez, Raphael-6th
Fajardo, Isaac-6th
Fernandez, Juan-1st
Frumento, Madelyn-3rd
Gonzalez, Penelope-1st
Gutierrez, Andrew-3rd
Hem, Baron-6th
Hernandez, Aaron-1st
Hernandez, Max-3rd
Inmon, Sebashtine-7th
Jackson, Mason-1st
Macchia, Anastasia-3rd
Molina, Karen-6th
Medina, Morgan-1st

Mendez, Maya-3rd
Neri, Donovan-1st
Nitta, Aiyana-3rd
Okimoto, Darwin-3rd
Palmer, Alex-8th
Perez, Areli-3rd
Perez, Audrey-1st
Perez, Isabella-2nd
Portugal, Andrew-3rd
Portugal, Priscilla-4th
Quinones, Madeline-1st
Reyes, Isabelle-6th
Rodriguez, Sophia-1st
Rodriguez, Vincent-1st
Sanchez, Emmanuel-1st
Sepulveda, Jenna-1st
Shaw, Francisco-4th
Tan, Malakai-1st
Tavra, Nathan-7th
Urbina, Emma-1st
Vasquez, Kennedy-2nd
Vasquez, Nicolas-3rd
Vega, Joaquin-3rd
Velasco, Josiah-1st